



BENEFICIAL PRAYERS

الادعية النافعة

Compiled by
HADHRAT MAULANA ABDUR RAUF LAJPURI
(Batley, UK) daamat barakaatuhum

A.R.S PUBLICATION

الإدعية النافعة

BENEFICIAL PRAYERS

A COLLECTION OF PRESCRIBED SUPPLICATIONS

Compiled By
HADHRAT MAULANA ABDUR RAUF LAJPURI
(Batley, UK) *daamat barakaatuhum*

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Foreword

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الحمد لله رب العالمين والصلاة والسلام على رسوله الكريم

اما بعد

In the noble Aayaat, mankind is constantly reminded that at any given time, they should remember Allah ﷻ and to be perpetually occupied with the remembrance of Allah at every moment of the day and night. This remembrance of Allah should be to such an extent that at every instance, their tongues are tasting its sweetness and remaining ever-fresh with its eternal remnants.

It is mentioned in the Qur'aan: "Oh those who believe! Remember Allah in abundance and glorify Allah in the morning and the evening." (Surah 33, Ayah 41,42). That is why it is necessary for their tongues to be continually moving with the remembrance of Allah. If for a moment, a person forgets, then as soon as he remembers, he should immediately start making the dhikr of Allah. There is no specific form of the dhikr of Allah which is necessary. Looking at the life of Nabi ﷺ and that which has been mentioned by His ﷺ blessed tongue, if that dhikr is made, it will be more beneficial,

the rewards will be more abundant, the effect will be greater and the heart will soften to the extent that the love of Allah will reach the deepest recesses of the heart and mind.

There is one type of dhikr that is called “paas anfaas” i.e. when a person reaches this stage, then in a state of negligence, his heart will still remember Allah. With every heartbeat, he will eternally remember Allah.

When a person reaches this stage of tasawwuf, he does not feel it a burden to make the dhikr of Allah. In fact, without this dhikr, he will not find peace and nor tranquility. He will be totally immersed in this world of the blessed remembrance of Allah. On reaching this stage, what type of peace will they attain? A person's heart will never be negligent of Allah and he will remain in the perpetual dhikr of Allah.

At the time of a person's death even if his tongue is silent, his heart will be alive with the dhikr of Allah and he will attain that stage of the esteemed attachment (with Allah) that cannot be compared to anything else in this world. Allah ﷻ make it such that we can all attain this stage In Sha Allah.

This status however, cannot be attained by just merely making dhikr once or twice, but you need to continuously strive for many years to reach this stage, with exertion of regular exercises, and only then, can

you say that you have attained this status.

Our beloved friend Hazrat Moulana Abdur Rauf Saahib (daamat barakaatuhum) is directing the attention of the Ummah to this bountiful Ibaadah by compiling this book. Prior to this there was one addition that had been published. In a short span of time, those books were depleted, thus additional copies were printed with a few editions.

THE DISTINCTIVE FEATURES OF THIS BOOK ARE:

- 1) It is in a convenient pocket size, so that a person can carry it and use with ease when there is a need. This is most advantageous and handy as compared to larger sized books.
- 2) There are du'aas for many specific occasions, so that it can be read at the opportune time.
- 3) Much consideration has been taken regarding du'aas that which were extracted from the Qur'aan and Hadith, so that upon reading, the effects may be more abundant and there would be a greater aspiration for acceptance. There are however in specific places, the du'aas of certain pious scholars which have also been chosen and mentioned in this book.
- 4) Accompanying the Arabic, is the transliteration in English, to make the reading of the text of the du'aas easier for non-Arabic readers.
- 5) The translation of these du'aas have also been made

available in the English language so that people from predominantly English speaking countries may read the translation of the du'aas with ease, and may thus ponder on it and its understanding of what Allah is saying. This will assist not only with the words being mentioned, but in the deep recesses of a person's heart, Allah's presence will be existent. It will thus make the subservience of a person's heart directly to Allah, and regarding whatever a person will ask for, we hope and sincerely pray that Allah ﷻ will grant it to that person and will elevate his ranks.

6) The different vowel points have been placed on the text of the du'aas, so that when reciting these du'aas there would not be any mistakes made.

7) The Arabic text has been printed very clearly so that there may be ease in reading it.

8) The translation has been done very simply, so that a person will not fall into any type of difficulty in terms of understanding it.

9) One of the most beneficial aspects of this book is that it has been compiled in a very beautiful manner in order that a person's heart may incline towards it, and with the intention of only goodness is Hazrat Moulana Abdur Rauf thus printing this book.

Hazrat Moulana is also one of those who are very closely linked to Allah, with a great passion for du'aas

and adhkaar, I therefore believe that the du'aas written will have an effect on the heart and the reciter will also be most beneficially affected by reciting it. With regards to the translation and the signs on the Arabic words, most of the work has been done by our beloved friend Professor Bashir Ahmed Aswat who is from Batley (UK). May Allah grant him the best of rewards, Aameen.

My du'aa is this: that Allah accepts this book, and grants its acceptance throughout the entire world and that the Creator of both the worlds grants us its recompense, Aameen.

Moulana Sameerudeen Qasmi
Manchester, UK



Introduction

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الحمد لله رب العالمين والصلاة والسلام على رسوله الكريم وعلى آله واصحابه اجمعين وعلى كل من تبعهم باحسان الى يوم الدين
اما بعد

Abu Hurairah رضي الله عنه narrates that Nabi صلى الله عليه وسلم said: “Nothing is more appreciable to Allah ﷻ than Du’aa.” (*Tirmidhi*) Allah ﷻ is the most Merciful and Compassionate that He, not only listens to one’s prayers so as to fulfill them, but the more He is prayed to, the more He blesses His supplicating servant with His pleasure. Allah ﷻ has not fixed any particular words or time for making Du’aa. In fact, He has made it easy that we can ask for any of our permissible needs in our own languages directly calling on Him. The best of prayers have been taught in the Qur'an and Hadith, the words in which themselves have great effectiveness and are abundant in blessings with each supplication being rewarded as an act of worship. Du’aa is not a mere recitation of words or ritual reiteration after Salaah. It is an appeal that consists of petitioning the Court of Allah ﷻ with sincerity that

relates to both a person's material and spiritual existence. Regular engagement in continuing to sincerely recite these prayers will help one move through the stages of spiritual realisation.

Our first edition of Illuminating prayers was published in 2006 as a pocket size book. This was a small run of 1000 copies intended for youngsters, new-muslims and individuals who struggled with reading Arabic; hence a transliteration was included in order to provide assistance when reciting the prayers. This was popularly received and subsequently for a number of years many people continued to request more copies be printed. We endeavoured to realise a 2nd edition with corrections and better referencing, adding further supplications and most notably we decided on changing the title of the book to Beneficial Prayers. This was to better reflect the purpose and contents of the publication. Again, we intended this book to be a precious yet easily portable resource that would be convenient and easy to use. By the grace of Allah ﷻ we completed this task and make supplication that He may accept this effort, and make it a useful treasure in the hereafter for all those involved in its publication. I pray to Allah ﷻ for the best of returns to all those who benefit from this book. Aameen.

**Moulana Abdur Rauf Sufi [Lajpuri] Batley, UK
1434 A.H / 2013**

Daily Prayers

1. When Waking-up

Hudhaifa رضي الله عنه reports that when the Holy Prophet ﷺ rose from sleep in the morning, he would say:

اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاْنَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

al-hamdu lillahil ladhee ahyanaa ba'da maa a'maatanaa wa ilayhin-nushooroo

“All praise is due to Allah Who brought us to life after having granted us death and to Him we are to return”.
(*Al-Bukhari*)

2. Morning Supplication for the Day

Abu Malik رضي الله عنه reports that Rasoolullah ﷺ said, “When one gets up in the morning he should say”:

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ وَفَتْحَهُ وَنَصْرَهُ وَنُوْرَهُ
وَبَرَكَتَهُ وَهُدَاةً

allahumma innee as-alooka khaira haadhal-yawmi wafat-hahoo wanas-rahoo wa noo-rahoo wabarakata-hoo wahoo-daa-hoo

“Oh Allah, I ask you for the goodness this day contains, for victory, assistance, light, blessings and guidance during it”. (Abu Dawud)

3. When Entering the Toilet

Anas رضي الله عنه reported that whenever Rasoolullah ﷺ went to answer the call of nature he would recite the following
*[The prayer should be recited before entering the toilet. Place the left foot first whilst entering]

بِسْمِ اللَّهِ اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

bismillah, allahumma innee a'oodhu bika minal-khubuthee wal khaba-ith

“In the Name of Allah, oh Allah, I seek Your protection from the male and female jinn”. (Al-Bukhari, Muslim)

4. On Leaving the Toilet

Leave the toilet with the right foot first, then immediately recite the following prayer:

غُفْرَانَكَ الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي

ghufraanaka. alhamdulillahil ladhee adh-haba `annil adhaa wa `aafaaniy

“I Seek Your forgiveness. All praise is due to Allah

who relieved me of impurity and granted me relief”.
(*Ibn Majah*)

5. Prayers during Ablution (Wudhu’)

Abu Hurairah رضي الله عنه has related that the messenger of Allah صلى الله عليه وسلم said: “Oh Abu Hurairah! When you perform ablution say: بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ Bismillahi Walhamdu Lillah, “In the name of Allah and to Allah belongs all praises”. So long as this ablution remains, angels continue to write down good deeds in your name. [Even though one maybe engaged in other permissible acts.] (*Mu’jim Saghir, Tabarani, Ma’riful Hadith*)

During Wudhu’ recite:

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي وَوَسِّعْ لِي فِي دَارِي وَبَارِكْ لِي فِي رِزْقِي

allahumma-gh fir-lee dhan-bee wawass si'lee fi dari wa bariklee fi rizqi

Oh Allah Forgive my sins, make my home accommodating and grant me abundance in my livelihood. (*Amal al-Yawm Wal-laylah of Nasai, Ibn al Sunni*)

6. Prayers after Ablution (Wudhu')

Umar bin Al-Khattab رضي الله عنه reported: the messenger of Allah ﷺ said, whoever of you performs ablution carefully and then recites (*the prayer below*) all the eight gates of paradise are opened for him, so that he may enter through whichever gate he desires.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

ashhadu-al-laa ilaaha illal-laahu wah-dahoo laasharee-
ka-lahu wa-ash hadu an-na muhammadan abduhu
warasooluhoo.

I bear witness that there is no god but Allah, who is without partner and I bear witness that Muhammad ﷺ is His Servant and Messenger. (*Muslim, Abu Dawud*)
- Thereafter recite the following:

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

allahummaj 'al-ni minat-tow-wabeena waj-alni minal
muta-tah-hireen

Oh Allah make me from among those who repent for their sins and from among those who keep themselves pure. (*Tirmidhi*)

7.

When Undressing

When one has to undress, recite the following prayer and you shall remain protected from the evils of Satan whilst naked.

بِسْمِ اللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ

bismillahil-ladhee laa ilaaha illaa huwa

With the name of Allah other than Whom there is no god. (*Amalul-yowm waal-lailah Ibn al-Sunni*)

8.

When Wearing New Clothes

Mu'azh b. Anas رضي الله عنه reported that the Prophet ﷺ said, "If anyone wears a new garment and recites the following prayer... then Allah will forgive all his previous sins."

[Start with the right side, and when taking off clothes begin with the left side]

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِّنِّي
وَلَا قُوَّةَ

alhamdu lillaahil-ladhee kasani hatha wa razaqaneehi min ghayri hawlin minnee wa la quwwatin

All thanks and praise be to Allah, Who clothed me and

gave me sustenance, whereas I have no power or strength. (*Abu Dawood, Tirmidhi, and Ibn Majah*)

9. When Leaving Home

When leaving home recite the following prayer:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

bismillahi, tawakkaltu 'alal laah, laa hawla wal-laa quw-wata 'il-laa billaah

In the name of Allah, I place my trust in Allah, & there is no might nor power except with Allah". (*Tirmidhi*)

10. On Hearing the Call of Adhân

Whilst listening to the Adhân (call for prayer), respond quietly by repeating the same as the Mu'adhdhin (prayer caller), except for when he says:

حَيِّ عَلَى الصَّلَاةِ and حَيِّ عَلَى الْفَلَاحِ

hay'ya a'las salaah = hay'ya a'lal falah
Come to prayer = Come to success

Here you should say: لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

laa hawlaa walaa quw-wata illah billah

There is no might or power except with Allah

Note: During the Adhân for the ‘Fajar Salaah’ when the Mu’adhdhin says: الصَّلَاةُ خَيْرٌ مِّنَ النَّوْمِ
as’salaatu khayrum minan nawm

Prayer (Salaah) is better than sleep

Here you should say: صَدَقْتَ وَبَرَّرْتَ
sadaqta waba-rarta

Thereafter, once the Mu’adhdhin has completed the Adhân, It is beneficial to first recite any Durood (supplication) on Prophet ﷺ [Muslim], then; the preceding prayer should be recited:

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ ، آتِ
مُحَمَّدَ الْوَسِيلَةَ وَالْفَضِيلَةَ ، وَابْعَثْهُ مَقَامًا مَّحْمُودًا الَّذِي
وَعَدْتَهُ ، إِنَّكَ لَا تُخْلِفُ الْمِيعَادَ

allaahumma rabba haadhi-hid-da`watit-taammati was-
salaatil-qaa`imati, aati muhammadanil-waseelata wal-
fadheelata, wab`ath-hu maqaamam-mahmooda
nilladhee wa`adtahu, [innaka laa tukh-liful-mee`aad]

Oh Allah, Lord of this perfect call and established prayer, grant Muhammad ﷺ the intercession and favour, and raise him to the honoured station You have promised him, [verily you do not neglect promises].
(*Al-Bukhari & [Baihaqi]*)

According to a tradition in Sahih Bukhari, anyone who says this prayer will be assured of the Holy Prophet ﷺ intercession in the hereafter. Commentators of A'hadith say that this promise of Intercession also carries with it glad tidings that the reciter will die with Imaan, Inshallah.

11. On Entering the Masjid

Enter with the right foot first [Make an intention for I'tikâf for as long as you plan to remain in the masjid] and recite:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ أَللَّهُمَّ افْتَحْ
لِي أَبْوَابَ رَحْمَتِكَ

bismillaahi, was-salaatu was-salaamu ‘alâ rasoolillâhi, allah-hum-maftahlee abwaaba rahmatik.

“In The Name of Allah and Salaat and Salaam be upon

the Messenger of Allah. Oh Allah, open for me the doors of Your mercy”. (*Abu Dawud, Ibn Majah*)

12. Whilst Waiting for the Congregational Prayer

If there is time before the congregational Salaah and after one has already offered the 2 Rakaat [Tahiyat-ul-Masjid] then the Prophet ﷺ has said about the One who sits and waits for Salaah is like the person who sits in the flower beds of Jannah. He also said, 'When you sit in the flower beds of paradise also eat the fruit of paradise.’ The Sahabah رضي الله عنهم asked how they were to eat them, and he ﷺ said, “While you are waiting for the congregational prayer keep reciting:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

subhaanal-laahi, wal-hamdu-lillaahi, wa laa-ilaaha illallahu, wallaahu-akbar

“Glory be to Allah, and to Allah belongs all praises, and there is non-worthy of worship but Allah, and Allah is the Greatest”. (*Tirmidhi*)

13. Prayers after the Five Daily Salaah

After Fardh (obligatory) Salaah it is Sunnah to recite

the following three times: اَسْتَغْفِرُ اللَّهَ astaghfirullah

“I Seek Forgiveness from Allah”. Thereafter recite:

اللَّهُمَّ أَنْتَ السَّلَامُ ، وَمِنْكَ السَّلَامُ ، تَبَارَكْتَ يَا ذَا
الْجَلَالِ وَالْإِكْرَامِ

allaahumma antas-salaamu wa minkas-salaamu,
tabaarakta ya dhal-jalaali wal-ikraam

“Oh Allah, You are peace and from You comes peace.
Blessed are You, Oh Owner of Majesty and Honour.”
(*Muslim*)

It is also desirable after the Fardh or Sunnah Salaah to
recite the Tasbih-a-Fatima in the following way:

Recite 33 times: سُبْحَانَ اللَّهِ

subhaanal-laah - Glory be to Allah

Recite 33 times: الْحَمْدُ لِلَّهِ

al-hamdu-lillaah - To Allah belongs all praises

Recite 34 times: اللَّهُ أَكْبَرُ

allaahu-akbar - Allah is the greatest (*Muslim*)

It is written in some Hadith that a person who recites
The Verse of the Throne (*Quran- 2:156 Ayatul-Kûrsii*)

after every Salaah has only death between him and paradise.

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ط لَا تَأْخُذُهُ سِنَّةٌ وَلَا
نَوْمٌ ط لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ ط مَنْ ذَا الَّذِي
يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ط يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ
ج وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ج وَسِعَ
كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ ج وَلَا يَئُودُهُ حِفْظُهُمَا ج
وَهُوَ الْعَلِيُّ الْعَظِيمُ

allaahu-laa ilaaha illa huwal-hayyul-qayyoom laa ta
khudhu-hu sinatun wa laa nawm, lahu maa fis-
samaawaati wa maa fil-ardh, mandhal-ladhee yashfa'u
indahu illa bi idhnihi, ya lamu maa baina aideehim wa
maa khalfahum, wa laa yuheetoona bishayim -min
ilmihii illa bimaa shaa'a, wasi'a, kursiyyuhus-samaa-
waati wal-ardh, wa laa ya ooduhu hifzhuhuma, wa
huwal- aliyyul- azheem

Allah: There is no god but He, the Alive, the All-Sustaining. Neither doze overtakes Him nor sleep. To

Him belongs what is in the heavens and what is on the earth. Who can intercede with Him without His permission? He knows what is before them and what is behind them. And they encompass nothing of His knowledge except what He wills. His *Kursi* (Chair) extends to the Heavens and to the Earth, and it does not weary Him to look after them. And He is the High, the Supreme. (*An-Nasâ'i*)

Mu'aadh ibn Jabal رضي الله عنه narrates that Rasoolullah ﷺ held my hand and said "Oh Muaadh! By Allah I love you! I advise you to be punctual in reading this supplication after every salaah."

اللَّهُمَّ اَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

allaahumma a'inee alaa dhikrika wa shookrika wa hoosnee ibadatik

"Oh Allah! Help me in your remembrance, in your thanksgiving and in doing your worship well". (*Abu Dawud & Nasai*)

14. When Leaving the Masjid

When leaving the Masjid recite the following:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ إِنِّي

أَسْأَلُكَ مِنْ فَضْلِكَ

bismillaahi was salaatu was-salaamu ‘alaa rasoolillaahi, allahum-ma innee as’aluka min fadhlika.

“In the name of Allah, and peace and blessings be upon the messenger of Allah, O Allah I ask You for Your grace”. (*Ibn Majah*)

(*In addition, you can also recite the following*):

اللَّهُمَّ اعْصِمْنِي مِنَ الشَّيْطَانِ

allahumm a’sim nee minash-shaitaan

“Oh Allah, protect me from the accursed Shaitan.”
(*Ibne Majah*)

15. On Returning Home

Hadhrat Salmaan al Farsi رضي الله عنه narrates that Nabi ﷺ said, “The person who prefers that shaytaan does not partake of his food, nor in his passing of the night, then he should say Salaam when entering the home and recite the name of Allah ﷻ when eating food.”

So when returning home first greet the household with

السلام عليكم - 'assalaamu alaikum' (this ensures that shaytaan will not enter the house) thereafter say the following:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْجِ وَخَيْرَ الْمَخْرَجِ ، بِسْمِ
اللَّهِ وَلَجْنَا وَبِسْمِ اللَّهِ خَرَجْنَا وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

allah-humma innee as-a-luka khaiyral maulaji wa khairal makhraji. bismillaahi wa lajnaa wa bismillaahi kharajnaa wa alal laahi rabbinaa tawakalnaa.

“Oh Allah! I beg of You the blessing of entry and leaving. In The Name of Allah do we enter and in The Name of Allah do we emerge, and upon Allah Our Lord we trust.” (*Abu Dawud*)

Whenever one wishes to enter someone's house or room they should first say 'Assalaamu Alaikum' and seek permission to enter. Hadhrat Safwaan bin Umayyah رضي الله عنه narrates that he once went to see Nabi ﷺ, but he did not seek permission, and nor did he greet with salaam. Nabi ﷺ said to him, 'Go back and say Assalaamu Alaikum, may I enter.’ (*Tirmidhi*)

Hadhart Anas رضي الله عنه relates that I served Nabi ﷺ for 8 years, Nabi ﷺ informed me, 'O Anas رضي الله عنه! Perform ablution in the perfect manner, your life will increase; whomsoever you meet from this Ummah, greet them with salaam, your virtues will increase; and whenever you enter the house,

greet the people therein with salaam so that goodness in the house will increase.” (Tabraani)

16.

Before Eating

Before eating recite the following:

بِسْمِ اللَّهِ وَ بَرَكَاتِهِ

bismillaahi wa barakatillah

“In the Name of Allah and with the blessings (barakah) of Allah.” (Al-Hakim)

If you forget to pray Bismillah wa.... at the beginning then recite the following when you remember whilst eating:

بِسْمِ اللَّهِ أَوَّلُهُ وَأَخِرُهُ

bismillaahi awwalahu w'aakhirahu

“In the name of Allah, the first of it and the last of it.” (Tirmidhi)

17.

After Drinking Water

Recite this prayer:

الْحَمْدُ لِلَّهِ الَّذِي سَقَانَا عَذْبًا فُرَاتًا بِرَحْمَتِهِ وَ لَمْ يَجْعَلْهُ

مِلْحًا أُجَا جَامِ بَدُنُوبِنَا

alhamdu lillaa hillazi saqanaa azban furaatam birah-
matihi walam yaj' alhu milhan ujaajam bi-dhunoobina

All Praise is due to Allah Who gave us fresh, sweet water (to drink) through His Mercy and did not make it salty or bitter due to our sins. *(Tabrani)*

18. After Drinking Milk

Read this du'aa:

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

allaahumma bariklanaa fihi wa zidna minhu.

Oh Allah! Grant us blessings in it and give us more.
(Tirmidhi,)

19. After Eating

Recite the following:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

alhamdu lillaahillazi at'ama-naa wasa-qaanaa
waja'alanaa muslimeen

“All praises are due unto Allah who has fed us and gave us drink, and has made us Muslims”. *(Tirmidhi, Abu Dawud)*

20. Whilst Washing Hands after Eating

When washing hands it has been reported in a hadith by Sayyidina Sa`id ibn Jubayr رضي الله عنه to say:

اللَّهُمَّ أَشْبَعْتَ وَأَرْوَيْتَ فَهَنِّئْنَا وَرَزَقْتَنَا فَأَكْثِرْتَ وَأَطْبَتَ
فَزِدْنَا

allaahumma a'sh b'ata wa-arwayta fahan-ni-na wa
razaqtana fa aktharta wa-atab-ta fazidna

Oh Allah, You fed us and You quenched our thirst. So, make this (eating and drinking) pleasing (and easy to digest) for us. And the provision You made for us was abundant and good. So, bless us with more. (*Ibne-Abi-Shaibah*)

21. Before Travelling On Any Transportation

When getting into a vehicle, boat, plane etc say:

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى
رَبِّنَا لَمُنْقَلِبُونَ

subhaanal ladhee sakhkhara lanaa haadhaa wamaa
kunnaa lahu muqrineena wa innaa ilaa rabbinaa la
mun-qaliboon

“Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. Oh Allah! We ask You on this our journey for goodness and piety, and for works that are pleasing to You. Oh Allah lighten this journey for us and make its distance easy for us. Oh Allah You are our companion on the road and the One in Whose care we leave our family. Oh Allah, I seek refuge in You from this journeys hardships, and from the wicked sights in store and from finding our family and property in misfortune upon returning.”

Upon returning recite the same again adding:

آئِبُونَ ، تَائِبُونَ ، عَابِدُونَ ، لِرَبِّنَا حَامِدُونَ

aa'iboona, taa'iboona, aabidoona, li-Rabbinaa
haamidoon

“We return repentant to our Lord, worshipping our Lord, and praising our Lord.” (*Muslim*)

23. On Entering a New Town

When you enter a new place of habitation (village, town or city) recite the following prayers:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذِهِ الْقَرْيَةِ وَخَيْرَ أَهْلِهَا وَخَيْرَ

مَا فِيهَا وَأَعُوذُ بِكَ مِنْ شَرِّهَا وَشَرِّ أَهْلِهَا وَشَرِّ مَا فِيهَا

allaahumma innee as-aluka khaira hadhe-hill qaryati wa khaira ahleehaa wa khaira maafeehaa wa' a'oodhubika min sharrihaa wa sharri a'hleehaa wa sharri maa feehaa

“Oh Allah, I pray that I receive from You the good of this habitation, and the good of its inhabitants and the good of what is there in it; and I seek refuge with You from its evil and that of its inhabitant and that of whatever there is in it.”

The prayer above has also been reported in the following words:

اللَّهُمَّ رَبَّ السَّمَوَاتِ السَّبْعِ وَمَا أَظْلَمَنَ وَرَبَّ الْأَرْضِينَ
السَّبْعِ وَمَا أَقْلَمَنَ وَرَبَّ الشَّيَاطِينِ وَمَا أَضْلَمَنَ وَرَبَّ الرِّيَّاحِ
وَمَا ذَرَيْنَ فَإِنَّا نَسْأَلُكَ خَيْرَ هَذِهِ الْقَرْيَةِ وَخَيْرَ مَا فِيهَا
وَخَيْرَ أَهْلِهَا وَنَعُوذُ بِكَ مِنْ شَرِّهَا وَ مِنْ شَرِّ أَهْلِهَا وَمِنْ
شَرِّ مَا فِيهَا

allaahumma rabbas-samaa-waatis-sab'i wa maa adhlalna, wa rabbal-ardheen-as-sab'i wa maa aqlalna, wa rabbash-shayaateeni wa maa adhlalna, wa rabbar-riyaahi wa maa dharaina. fa inna nas-aluka khaira

haadhi-hil qaryah wa khaira ma feehaa wa khaira
ahlehaa wa' n'oodhubika min sharrihaa wa min sharri
a'hlehaa wa min sharri maa feehaa

“Oh Allah, Lord of the seven heavens and whatever they cast their shade on, and Lord of the seven earths and whatever they carry, and Lord of the satans and whosoever they mislead, and Lord of the winds and what they blow, henceforth I seek from You out of whatever is good in this habitation, and the good of its inhabitants and the good of what is there in it; and I seek refuge with You from its evil and that of its inhabitant and that of whatever there is in it.” (Ibn As-Sunni)

It is also beneficial to say the following 3 times:

اللَّهُمَّ بَارِكْ لَنَا فِيهَا - allaahumma baariklanaa fihaa

“Oh Allah, grant us blessing and prosperity in this town.”

Thereafter recite this Prayer once:

اللَّهُمَّ ارْزُقْنَا جَنَاهَا وَحَبِّبْنَا إِلَىٰ أَهْلِهَا وَحَبِّبْ صَالِحِي
أَهْلِهَا إِلَيْنَا

allaahummar-zoqna janaaha wahab-bibnaa ilaa ah'lihaa
wahab-bib saa-lihee ah'lihaa ilaynaa

“Oh Allah, bless us with the fruits (benefits) of this habitation and endear us in the sight of its inhabitants and make its righteous inhabitants dear to us.”
(*Tabrani*)

24. When Entering Shopping Areas

Umar bin Al-Khattab رضي الله عنه reported: the messenger of Allah ﷺ said, if a servant of Allah goes to the Marketplace or Shopping area and recites [with a sincere heart] the following prayer then 1 million good deeds will be recorded for him and 1 million sins will be forgiven by Allah, who will also build a magnificent palace in Jannah for him.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ حَيٌّ لَا يَمُوتُ بِيَدِهِ
الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

laa ilaaha illal laahu wahdahu laa shari kalahu lahul mulku wa lahul hamdu yuhyie wa yumeetu wahuwa hayyun laa yamootu bi yadihil khair wa huwa alaa kulli shai'in qadeer.

There is none worthy of worship besides Allah Who is alone. He has no partner. For Him is the Kingdom,

and for Him is all praise. He gives life and causes death and He is Ever living never dies. In His Hand is all good. And He has power over everything. (Tirmidhi, Ma'riful Hadith, Ibn Majah)

25. When Leaving A Meeting or Gathering

Hadhrat Abu Hurayrah رضي الله عنه has said that the prophet ﷺ said: A person will be forgiven what transpired during a meeting [in which he may have uttered inappropriate sayings], if at the end of the gathering, he supplicates with the following words:

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ
أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

subhanakal-lahumma wa bihamdika, ash-hadu a-laa ilaaha illa anta, astaghfiruka wa-atoobu ilaik

“Glory be to Allah! 0 Allah, while praising you, I bear witness that there is no god except You. I seek your forgiveness and I repent to You”. (Abu Dawud, Ibn Majah, Tirmidhi)

26. When You Forget Something

It appears in a Hadith narration that the Holy Prophet ﷺ said: If a person forgets what he wishes to

say or tell, let him pray to Allah ﷻ asking for His blessings on me (Durood) because Durood will stand for what he forgot - and it is not unlikely that he may remember that too. (*Amal Al-Yawm wal-Laylah of Ibn Sunni*)

27.

When Sneezing

When you sneeze, say: **الْحَمْدُ لِلَّهِ**

al-hamdu lillaah

[All praises and thanks are to Allah]

When someone else sneezes and recites the above prayer then you should reply this with: **يَرْحَمُكَ اللَّهُ**

yarhamukallaahoo

[May Allah have mercy upon you]

When someone says yarhamukallahu to you then you may say: **يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ بَالَكُمْ**

yahdikumullaahu wa yuslihu baalakum

[May Allah guide you and set your affairs in order].
(*Al-Bukhari*)

Morning and Evening Prayers

28. Protection against All Evils

Abdullah Bin Khubaib رضي الله عنه narrates that one dark, gloomy and rainy night, we came out in search of Rasoolullah صلى الله عليه وسلم when we finally found him he said to us "read". We asked, "What must we read?" He replied: "recite Suratul-Ikhlās, Suratul-Falaq and Suratun-Naas three times morning and evening. It will suffice for you against all things (from the evils of witchcraft, black magic, mischief of Jinn etc)". (*Abu Dawud*)

Surah Ikhlās (Absoluteness) - *Recite 3 times:*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ
لَمْ يَلِدْ وَلَمْ يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

qul huwallahu ahad, allahus samad.lamyalid, walam yulad, walam yakullahu kufuwān ahad.

In the name of Allah, Most Beneficent Most Merciful

Say. He is Allah, the Only One. Allah, The Independent (whom all creatures need) He begets not, nor is he begotten. And there is none like unto him!

Surah Al-Falaq (The Day Break) - Recite 3 times:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ۝ مِنْ
شَرِّ مَا خَلَقَ ۝ وَ مِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ۝ وَ مِنْ شَرِّ
النَّفَّاثِ فِي الْعُقَدِ ۝ وَ مِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ .

qul a'oodhu bi rabbil falaq, min sharri maa khalaq,
wamin sharri ghasiqin idha waqab, wamin sharrin
naffathati fil uqad. wamin sharri hasidin idha hasad.

In the name of Allah, Most Beneficent Most Merciful
Say. I seek refuge with (Allah) the Lord of daybreak.
From the evil of what he has created, From the evil of
the darkness as it overspreads, From the evil of those
who practice witchcraft when they blow in the knots
and from the evil of the envier when he envies.

Surah An-Naas (People) - Recite 3 times:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ أَعُوذُ بِرَبِّ النَّاسِ ۝ مَلِكِ
النَّاسِ ۝ إِلَهِ النَّاسِ ۝ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ۝
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ۝ مِنَ الْجِنَّةِ
وَالنَّاسِ

qul a'oodhu birabbin-nas, m'likin nas, ilahinnas, min sharril waswasil khannas. alladhee yuwaswisu fee sudoorin nas minal jinnati wannas.

In the name of Allah, Most Beneficent Most Merciful.

Say: I seek refuge with (Allah) The Lord of Mankind The King of Mankind, The God of Mankind. From the evil of the whisperer who withdraws who whispers in the hearts of Mankind, of Jinn and Mankind. *(Al-Bukhari, Tirmidhi)*

29. To Remove Grief and Sorrow

Abu Darda رضي الله عنه narrates that Rasulullah ﷺ mentioned: 'Whosoever recites 7 times morning and evening the following prayer, then Allah ﷻ will suffice for him by removing his grief of this world and the hereafter'.

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ

الْعَرْشِ الْعَظِيمِ

hasbiyallahu laa ilaaha illahuwa alaihi tawakkaltu wahuwa rabbul arshil azeem.

Allah is sufficient for me. There is no God besides Him. Upon Him do I rely and He is The Lord of The Supreme Throne. *(Abu Dawud)*

30.

Protection against All Harms

Abaan bin Uthmaan رضي الله عنه narrates that he heard his father saying that Rasoolullah صلى الله عليه وسلم mentioned: "Whosoever recites the following prayer three times in the morning and three in the evening, will not be harmed by anything'.

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

bismillahil ladhee la ya-dhur-ru m'a-smihi shay-un fil-ardhi wa laa fis-sama-i wa hu was-sameeul aleem.

In The Name of Allah, with Whose Name nothing in the heavens and earth can cause any harm at all. And He is All-Hearing and All-Knowing. (*Abu Dawud*)

31.

Protection against Evils of the Heart

Imraan Bin Hussain رضي الله عنه narrates that Rasoolullah صلى الله عليه وسلم had taught his father Hadhrat Hussain رضي الله عنه the following two prayers, which he used to read continuously:

اللَّهُمَّ اهْدِنِي وَسَدِّدْنِي وَقِنِي شَرَّ نَفْسِي

allahummah-dinee wasad-didnee waqinee sharra nafsee

"Oh Allah, inspire me with' guidance (imbue me with

the correct and best decisions in times of dilemma) and protect me from the mischief of my soul".
(Tirmidhi)

اللَّهُمَّ اهْمِنِي رُشْدِي ، وَأَعِدِّي مِنْ شَرِّ نَفْسِي

allahumma alhimni rushdi. wa aizni min sharri nafsi.

Oh Allah, give me a conviction of the goodness of my faith and save me from the base tendencies of my own self.
(Tirmidhi)

32. Protection from Evil Fate and Calamities

Abu-Hurairah رضي الله عنه narrates that Nabi ﷺ mentioned: O People! Seek Allah's protection against severe calamities, trials and tribulations, misfortunes wretchedness, evil fate and the taunts and malicious joy of the enemies'.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ ، وَدَرِكِ الشَّقَاءِ ،
وَسُوءِ الْقَضَاءِ ، وَشِمَاتَةِ الْأَعْدَاءِ

allahumma inni a'oodhubika min jahdil bala-ee wa-darkish-shaqa-ee, wasoo ill qadh^haa-ee, washama-tatil-ada-ee.

Oh Allah, I seek Your protection from severe trials, unfortunate disasters, undue feeling of frustration over Your decrees and the ridicule of enemies. (*Bukhari*)

33. Safeguard Ones Faith, Life, Family & Wealth

Ma'qal Bin Yasar رضي الله عنه narrates: ‘Once I expressed my fears to Rasoolullah صلى الله عليه وسلم over five things in my life. I feared that I would be misled or would deviate from the ‘straight path’ (Siratul Mustaqeem). The second was regarding my life, as I feared harm or illness would befall me. The third was about my children, that they would suffer religious (Deeni) or worldly harm. My fourth concern was my wife, that she too may suffer physical or spiritual harm. The fifth fear I had was over my wealth, should there occur a loss of income or property. After listening to my fears, Rasoolullah صلى الله عليه وسلم taught me the following prayer:

Recite 3 times [morning and evening]

بِسْمِ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَالِدِي وَأَهْلِي وَمَالِي

bismillahi ala deeni wanafsi wawaladi wa ahli wa mali

May the blessings of Allah be on my faith, life, children, family and wealth. (*Ibne Asaakir, Kanzul-Ummaal*)

34. **To Protect Ones Material Possession**

Abdullah ibn Umar رضي الله عنه narrates that Rasoolullah ﷺ would say:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ ، وَتَحَوُّلِ عَافِيَتِكَ
وَفُجَاءَةِ نِقْمَتِكَ ، وَجَمِيعِ سَخَطِكَ

allaahumma innee a'oodhubika min zawaali n-i'matik. wata-hauwwuli aafiyatik. wa-fujaa'ati niqmatik. wa jamee'i sakha-tik.

Oh Allah! I seek protection in You from the snatching of any of Your favours, the withdrawal of Your protection, of a sudden calamity and all forms of Your anger. *(Muslim)*

35. **Protection from the Grave, Fire of Hell and from the Evil of Wealth and Poverty**

Hadhrat Ayesha رضي الله عنها narrates that Nabi ﷺ used to make the following prayer in abundance:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ فِتْنَةِ الْقَبْرِ وَعَذَابِ النَّارِ وَمِنْ شَرِّ
الْغِنَى وَالْفَقْرِ

allaahumma innee a'oodhubika min fit'natil qabree wa adhabi'naari wa min shar'ril ginaa wal-fak'r

Oh Allah, I seek protection in You from the trials of the

grave, punishment of Jahannum and the evil of wealth and poverty. (*Abu Dawud, Tirmidhi*)

36. To be saved of Reckoning on the day of Qiyamah

Our beloved Nabi ﷺ had related the following Du'aa

اللَّهُمَّ حَاسِبِنِي حِسَاباً يَسِيراً

allaahumma haa'sibni hisa'ban yasiraa

Oh! Allah make our reckoning an easy one. (*Hakim*)

37. Protection from Leprosy, Blindness, Madness and Paralysis

Recite the following 3 times morning and evening:

سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

subhanal-lahil azeemi wabihamdihi wa lahawla walaquwwata illa billah.

“Purity is for Allah, The Sublime, and all praise is due to Him alone and there is no strength and power besides the strength and power of Allah.” (*Ibnu Sunni*)

38. Protection from Shirk and Ostentation

This supplication is beneficial in nurturing sincerity and protects one from becoming victim to assigning

partners with Allah. Rasoolullah ﷺ instructed Hadhrat Abu Bakr Siddeeq رضي الله عنه to recite the following 3 times:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أُشْرِكَ بِكَ وَأَنَا أَعْلَمُ وَأَسْتَغْفِرُكَ
لِمَا لَا أَعْلَمُ

allaahumma innee a'oodhubika an ushrikabika wa ana a'alamu wa astagh-firuka limaa laa a'alam

Oh Allah, I seek protection in You from that I ascribe partners to You knowingly and I seek forgiveness from You for those things which I do not know. (*Amal Al-Yawm wal-Laylah of Ibn Sunni*)

39. Prayer for Repentance

Shaddaad bin Aus رضي الله عنه narrates that Rasoolullah ﷺ stated that Sayyidul-Istighfaar is the loftiest of all types of repentance. Whoever recites it with conviction in the morning and dies before nightfall, will be from the dwellers of Paradise. Similarly, whoever recites it in the evening with conviction and dies before the morning, will also be amongst the dwellers of Paradise.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا
عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا

صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ ، وَأَبُوءُ بِذَنْبِي فَاغْفِرْ
 لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

allaahumma anta rabbi lailaha illaa anta
 khalaqtani wa ana abduka wa ana ala ahdika wa
 wa'dika mastata'tu, aoodhu bika min sharri ma sana'tu
 aboou-laka binematika alayya wa aboou bi-dhambi
 faghfirli fainnahu la yaghfiruz dhunooba illaa anta.

Oh Allah! You are my Cherisher. There is no deity except You. You have created me and I am Your servant and as far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and I confess my faults. So pardon me as none besides You can pardon sins. *(Bukhari)*

40. A Shield and Antidote for Witchcraft

By reciting the following prayer three times in the morning and evening, one will be protected from witchcraft. If one is already afflicted by witchcraft it will be removed Inshallah.

فَلَمَّا الْقَوْأَ قَالَ مُوسَى مَا جِئْتُم بِهِ السَّحْرُ ط إِنَّ اللَّهَ
 سَيَبْطِلُهُ ط إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ ، وَيُحِقُّ اللَّهُ

الْحَقُّ بِكَلِمَتِهِ وَلَوْ كَرِهَ الْمُجْرِمُونَ

fa-lamma alqaw qala moosa maa ji'tum bihis sihr. inallaha sayubtiluh, inallaha la yuslihu amalal mufsideen. wa yuhiqqul lahul haqqa bikalimatihi, walaw karihal mujrimoon.

When they had cast. Moosa عليه السلام said: That which you have brought is magic. Lo! Allah will make it in vain. Lo! Allah does not uphold the deeds of the mischievous. And Allah will vindicate the truth by His word, however much the guilty dislike it. (*Surah Yunus*)

41. 70,000 Angels Seek Forgiveness

Ma'qal Bin Yasar رضي الله عنه narrates that Rasoolullah صلى الله عليه وسلم said: Whoever recites 3 times in the morning:

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

a'oodhu billa-his-sameeil aleem minash-shaitanir-rajeem.

I seek protection from Allah. The All Hearing, The All Knowing from the accursed Shaitan.

thereafter recite once the last 3 verses of Surah Hashr, Allah عز وجل then appoints 70,000 angels to seek forgiveness on behalf of its reciter till the evening.

Should he die during the day he will die as a martyr. Whosoever recites the above in the evening will enjoy the same virtue till the morning.

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ عَلِيمُ الْغَيْبِ وَالشَّهَادَةِ ۚ
هُوَ الرَّحْمَنُ الرَّحِيمُ ، هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ
الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيَّمِنُ الْعَزِيزُ الْجَبَّارُ
الْمُتَكَبِّرُ ۚ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ ، هُوَ اللَّهُ الْخَالِقُ
الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى ۚ يُسَبِّحُ لَهُ مَا فِي
السَّمَوَاتِ وَالْأَرْضِ ۚ وَهُوَ الْعَزِيزُ الْحَكِيمُ

huwal lahul ladhee la ilaha illa huwa, aalimul ghaibi wash-shahadati huwar rahmanur raheem. huwal lahul ladhee lailaha illaa huwal malikul quddoosus salamul muminul muhaiminul azeezul jabbarul mutakabbir. subhanallahi amma yushrikoon. huwallahul khaliqul bariul musawwiru lahul asmaa-ul husna. yusabihu lahu mafis samawati wal ard wahuwal azeezul hakeem.

Allah is He besides whom none is worthy of worship but He. He is the Knower of the unseen and open. He is

most kind, Most Merciful. Allah is He besides whom none is worthy of worship but He. The Sovereign, The Holy, The source of Peace and Perfection, The giver of Peace, The Guardian, The Exalted, The Mighty, The Supreme. Glory be to Allah, He is above the partners they attribute to Him. Allah is the Creator, The Evolver, The Giver of Shapes. To Him belong the Most Beautiful Names. Whatever is in the heavens and earth declare His Praise and Glory, and He is Exalted and Mighty. *(Tirmidhi)*



Prayers Before Sleeping

42. A Protection in the Grave (Surah Mulk)

The messenger of Allah ﷺ said, “It is my desire that Sūrat al-Mulk [Quran: beginning chapter 29, 67th Sūrat] should be in the heart of every believer.” (*Muslim*)

It is stated in several Hadith that one who recites Surah Al-Mulk every night is guaranteed security from the tortures and punishment of the grave as well as from that in Hell. (*Hakim*). According to another Hadith the messenger of Allah ﷺ said, “A Sūrat in the Quran consisting of thirty verses will intercede on behalf of its reciter until he is forgiven.” [Referring to Sūrat Mulk] (*Abu Dawud, Tirmidhi & Nasai*)

43. Tasbihaat-e-Faatima

It is beneficial to pray the tasbih-a-fatima before sleeping. Recite the following:

33 times: سُبْحَانَ اللَّهِ Subhaanal-laah- Exalted is Allah

33 times: الْحَمْدُ لِلَّهِ Al-hamdu-lillaah-Praise be to Allah

34 times: اللَّهُ أَكْبَرُ Allaahu-akbar - Allah is the Greatest

(*Abu Dawud*)

44. Prayer for Seeking Forgiveness

Abu Sa'id al-Khudri رضي الله عنه reported the messenger of Allah ﷺ as saying that if anyone says the following three times while going to bed, then Allah will forgive him his Sins. Even if they are like the foam of the sea, or in number like the sand which is accumulated, or as many as the leaves of the trees, or as numerous as the days of this world:

[Recite the following three times]

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

Astagfirullah-Alladhi laa ilaaha illaa Huwal-Hayyul Qayyummu wa'atubu illayh

“I ask for forgiveness from Allah other than Whom there is no God, The One who is eternally alive, the One who is the Self-Sustaining Sustainer of all, and to him I turn in repentance.” (*Tirmidhi, Ma'ariful Hadith, Hisn Hasin*)

45. Sleeping In Purity

Narrated by Al-Bara 'bin 'Azib رضي الله عنه: The Prophet ﷺ said to me, "Whenever you go to bed perform ablution (Wudhu) like that for the prayer, lie on your right side and say the following... Then if you die on that very night, you will die with faith (religion of Islam). Let

the aforesaid words be your last utterance before sleep."

اللَّهُمَّ إِنِّي أَسَلَمْتُ وَجْهِي إِلَيْكَ وَفَوَّضْتُ أَمْرِي إِلَيْكَ
وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ رَغْبَةً وَرَهْبَةً إِلَيْكَ لَا مَلْجَأَ وَلَا
مَنْجَا مِنْكَ إِلَّا إِلَيْكَ آمَنْتُ بِكِتَابِكَ الَّذِي أَنْزَلْتَ
وَبِنَبِيِّكَ الَّذِي أَرْسَلْتَ

allahumma innee aslamtu wajhi ilaika, wa fauwadtu amri ilaika, wa alja'tu zahri ilaika raghbatan wa rahbatan ilaika. la malja' wa la manja minka illa ilaika. amantu bikitabika-l-ladhi anzalta wa bina-biyika-l ladhi arsalta"

O Allah! I surrender to You and entrust all my affairs to You and depend upon You for Your Blessings both with hope and fear of You. There is no fleeing from You, and there is no place of protection and safety except with You O Allah! I believe in Your Book (the Qur'an) which You have revealed and in Your Prophet (Muhammad) whom You have sent. (*Al-Bukhari*)

46. The Last Three Versus of the Quran

When going to sleep recite: بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Thereafter place your hands together as done in supplication (Dua) recite the last three verses of the Quran. Then blow on your palms and pass them over your body, wiping from head to face, front of body and as far as you can reach over the rest. Do this three times, each time reciting the last 3 verses again.

Surah Ikhlāas (Absoluteness) - Recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ هُوَ اللَّهُ أَحَدٌ . اللَّهُ الصَّمَدُ .
لَمْ يَلِدْ وَلَمْ يُولَدْ . وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ .

qul huwallahu ahad, allahus samad.lamyalid, walam yulad, walam yakullahu kufuwan ahad.

In the name of Allah, Most Beneficent Most Merciful
Say. He is Allah, the Only One. Allah, The Independent (whom all creatures need) He begets not, nor is he begotten. And there is none like unto him!

Surah Al-Falaq (The Day Break) - Recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ لاَ مِنْ
شَرِّ مَا خَلَقَ لاَ وَ مِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ لاَ وَ مِنْ

شَرَّ النَّفْثَاتِ فِي الْعُقَدِ ۝ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ .

qul a'oodhu bi rabbil falaq, min sharri maa khalaq,
wamin sharri ghasiqin idha waqab, wamin sharrin
naffathati fil-uqad. wamin sharri hasidin idha hasad.

In the name of Allah, Most Beneficent Most Merciful
Say. I seek refuge with (Allah) the Lord of daybreak.
From the evil of what he has created, From the evil of
the darkness as it overspreads, From the evil of those
who practice witchcraft when they blow in the knots
and from the evil of the envier when he envies.

Surah An-Naas (People) - Recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ أَعُوذُ بِرَبِّ النَّاسِ ۝ مَلِكِ
النَّاسِ ۝ إِلَهِ النَّاسِ ۝ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ۝
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ۝ مِنَ الْجِنَّةِ وَالنَّاسِ

qul a'oodhu birabbin-nas, m'likin nas, ilah hinnas, min
sharril waswasil khannas. alladhee yuwas wisu fee
sudoorin nas. minal jinnati wannas.

In the name of Allah, Most Beneficent Most Merciful.
Say: I seek refuge with (Allah) The Lord of Mankind

The King of Mankind, The God of Mankind. From the evil of the whisperer who withdraws who whispers in the hearts of Mankind, of Jinn and Mankind. (*Al-Bukhari, Tirmidhi*)

47. Angel to Protect You Whilst Sleeping

Abu Hurairah رضي الله عنه has narrated a Hadith that encourages one to recite the ‘Verse of the Throne’ (*Quran, Ayatul-Kûrsii, 2:255*) when going to bed. It is mentioned in the Hadith that an Angel is appointed by Allah ﷻ to protect you all night and Satan is unable to come near you until dawn.

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ط لَا تَأْخُذُهُ سِنَّةٌ وَلَا
 نَوْمٌ ط لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ ط مَنْ ذَا الَّذِي
 يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ط يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ
 ج وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ج وَسِعَ
 كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ ج وَلَا يَئُودُهُ حِفْظُهُمَا ج
 وَهُوَ الْعَلِيُّ الْعَظِيمُ

allaahu-laailaaha illa huwal-hayyul qayyoom, laa ta
 khudhu-hu sinatun wa laa nawm, lahu maa fis-

samaawaati wa maa filardh, mandhal-ladhee yashfa'u indahu illa bi idhnihi, ya lamu maa baina aideehim wa maa khalfahum, wa laa yuheetoona bishayim -min ilmihi illa bimaa shaa'a, wasi'a, kursiyyuhussamaawaati wal-ardh, wa laa ya ooduhu hifzhuhuma, wa huwal- aliyyul- azheem.

Allah: There is no god but He, the Alive, the All-Sustaining. Neither doze overtakes Him nor sleep. To Him belongs what is in the heavens and what is on the earth. Who can intercede with Him without His permission? He knows what is before them and what is behind them. And they encompass nothing of His knowledge except what He wills. His Kursii (chair) extends to the Heavens and to the Earth, and it does not weary Him to look after them. And he is the High, the Supreme. (*Al-Bukhari*)

48. Salat Al-Istikhara (Prayer for decision making)

When a person intends doing something, he should seek advice from Allah Ta'ala. This seeking of advice is called *istikhaarah* (asking for proper guidance from Allah Ta'ala). This has been greatly recommended in the Hadith. Rasulullah ﷺ said: "Not seeking advice and proper guidance from Allah Ta'ala is a great misfortune and cause of bad luck." If a person intends sending a proposal somewhere, marrying someone, travelling

somewhere or intends doing anything else, and he does not do these things without making *istikhaarah*, then *Insha Allah* he will not regret doing what he did.

The method of offering *istikhaarah salaah* is as follows: Perform two rakaats of *nafl salaah*. Thereafter read the following [see below] with full concentration. When reaching the underlined words, one should think of the thing for which they are making *istikhaarah*. Thereafter, Scholars state one should sleep in purity on a clean bed with one's face towards the *qiblah* in a state of *wudu*.

When awaking from sleep, then whatever inclination comes out strongly in one's heart will be the best course of action and should be adopted (One must remember that it is not necessary that you see a dream relating to the matter). If nothing comes to mind after the first day, and some doubt still persists, then one should repeat it the next day. In this way one can continue doing this for seven days (If time does not permit then thrice, if this is not possible then once). *Insha Allah*, he will come to know of the advantage or disadvantage of that matter.

If a person intends going for *hajj*, he should not make *istikhaarah* as to whether he should go or not. Instead,

he should make *istikhaarah* to decide as to whether he should go on a particular day or not.

اللَّهُمَّ إِنِّي أَسْتَحِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ
وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ
وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ عَلَّامُ الْغُيُوبِ ، اللَّهُمَّ إِنْ كُنْتَ
تَعْلَمُ أَنَّ [هَذَا الْأَمْرَ] خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ
أَمْرِي ، فَاقْدِرْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ ، وَإِنْ كُنْتَ
تَعْلَمُ أَنَّ [هَذَا الْأَمْرَ] شَرٌّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ
أَمْرِي ، فَاصْرِفْهُ عَنِّي وَاصْرِفْني عَنْهُ وَاقْدِرْ لِي الْخَيْرَ حَيْثُ
كَانَ ، ثُمَّ أَرْضِنِي بِهِ

allahumma inni astakhiruka bi `ilmika, wa astaqdiruka
bi qudratika, wa as-'aluka min fadlikal-'azim. fa'innaka
taqdiru wa la aqdiru, wa ta`lamu wa la a`lamu, wa anta
`allamu'l-ghuyub. allahumma in kunta ta`lamu anna
[hadha'l-amra] khayrul li fi dini wa ma`ashi wa `aqibati
amri, faqdirhu li wa yassirhu li, thumma barik li fih(i).
wa in kunta ta`lamu anna [hadha'l-amra] sharrul li fi

dini wa ma`ashi wa `aqibati amri, fa'srifhu `anni, wasrifni `anhu, waqdir liya'l-khayra haythu kan(a), thumma ardini bih.

“Oh Allah, I consult You through Your Knowledge, and I seek strength through Your Power, and ask of Your Great Bounty; for You are Capable whereas I am not and, You know and I do not, and You are the Knower of hidden things. O Allah, if in your knowledge [*this matter*] is good for me in respect of my Deen, my livelihood and the outcome of my affairs, then ordain it for me, make it easy for me, and bless it for me. But if You know [*this matter*] to be bad for my Deen, my livelihood or the consequences of my affairs, then turn it away from me, and turn me away from it, and grant me power to do good whatever it may be, and cause me to be contented with it.”

NOTE: then, let the supplicant specify the object. [Al-Bukhari and Muslim]

49. Prayer for Divine Guidance

When you have to make a decision on the spot recite:

اللَّهُمَّ خِرْ لِي وَاخْتَرْ لِي allahumma qhir'li waqh tar'li

Oh Allah, choose and select for me [the better of the two things]. (*Tirmidhi*)

50.

When Going to Bed

Hudhaifa رضي الله عنه reports that when the Holy Prophet صلى الله عليه وسلم went to bed at night he would put his (right) hand under his (right) cheek and recite the following:

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

allaahumma bismika amutu wa ahyaa

“Oh Allah, With Your name do I die and live.” (*Al-Bukhari*)

51.

When Unable To Sleep

When you are unable to sleep then recite:

اللَّهُمَّ غَارَتِ النُّجُومُ وَهَدَّاتِ الْعُيُونُ وَأَنْتَ حَيٌّ قَيُّومٌ لَا

تَأْخُذُكَ سِنَّةٌ وَلَا نَوْمٌ يَا حَيُّ يَا قَيُّومُ ! إِهْدِي لَيْلِي وَأْنِمْ

عَيْنِي

allaahumma, gaa-ratin-noojoomoo waha da'atill u-younoo wa-anta hayyoon qay-youmoon laa taa khudhuka si-na toow-wala nowm, ya-hayyoo yaqay-youmoo! ihdi laylee wa anim aynee

Oh Allah! Stars have sunk and eyes have turned tranquil and You are eternally Alive, the Self-Sustaining Sustainer of all, To You comes no doze or sleep, The Alive, The Self-Sustaining! Make my night peaceful and bless my eyes with sleep. (*Ibn-ul-Sunni*)

Marriage, Families & Children

52. When First Meeting Ones Bride

After the ritual greeting (making salaam) with ones husband/wife, then the husband should place his hand on his wife's forehead and recite the following prayer:

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِهَا وَخَيْرِ مَا فِيهَا وَخَيْرِ مَا
جَبَلْتَهَا عَلَيْهِ وَأَعُوذُ بِكَ مِنْ شَرِّهَا وَشَرِّ مَا فِيهَا وَشَرِّ مَا
جَبَلْتَهَا عَلَيْهِ

allaahumma innee as'aluka min khairi ha wa khairi ma feeha wa khairi ma jabaltahaa alaihi wa a'oodhu bika min sharrihaa wa sharri maa feeha wa sharri maa jabaltahaa alaihi.

Oh Allah! I seek from You: the good and blessings of this lady, and the goodness, which You have created within her. In addition, I seek Your protection from the evil of this lady, and whatever evil You have created in her. (*Dawud, Ibn Majah*)

53. Prayer before Sexual Intercourse

Ibn 'Abbas رضي الله عنه related the Holy Prophet صلی اللہ علیہ وسلم saying:
Whenever any of you intends on having sexual relation

with his wife, he should first recite [the following prayer] and if it is destined that they should have a child then, Satan will never be able to harm that offspring.

بِسْمِ اللَّهِ اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا

bismillahi allaahumma jannib-nash shaitaana, wa jannibish-shaitaana maa razaqtanaa

“In the name of Allah. O Allah! Protect us from Satan and also protect what you bestow upon us (i.e. the coming offspring) from Satan” (*Al-Bukhari*)

54. During Ejaculation

At the time of ejaculating recite silently in your hearts the following prayer:

اللَّهُمَّ لَا تَجْعَلْ لِلشَّيْطَانِ فِي مَا رَزَقْتَنِي نَصِيبًا

allaahumma la taj'al li-shaytaani feemaa razaqtani naseebaa

“Oh Allah, Do not allow shaitan any share of what You grant us.” (*Ibne-Abi-Shaiba*)

55. Supplication to Have Children

Allah ﷻ says in the glorious Quran: To Allah belongs

the kingdom of the heavens and the earth, he creates what he wills. He bestows female (children) upon whom he wills, and bestows male (children) upon whom he wills. Or he bestows both male and females, and he renders barren whom he wills. Indeed, he is the All-Knower and is able to do all things. (43:49-50)

Sometimes Allah Ta'aalaa out of his infinite wisdom withholds offspring. The couple should not lose hope become saddened or blame each other for not bearing children. Both should continue to make Dua asking Allah Ta'aalaa, and should there be a need, then to seek reliable medical advise and treatment within the limits of Shariah.

You can also read the following:

رَبِّ لَا تَذَرْنِي فَرْدًا وَأَنْتَ خَيْرُ الْوَارِثِينَ

rabbi la tadharni fardaw wa anta khayru'l-warithin(a)

Oh my Lord! Leave me not without offspring; You are the best of inheritors. (Quran 21:89)

56. When a Child is Born

After bathing the child, ask some pious scholar or pious elder from the family to give the *Adhan* in the

right ear and the *Iqama* in the left ear in a moderate voice. Thereafter, supplicate for the child. One may make the following Prayers:

اللَّهُمَّ إِنِّي أُعِيذُهَا (أُعِيذُهُ m) بِكَ وَذُرِّيَّتَهَا (وَذُرِّيَّتَهُ m)
مِنَ الشَّيْطَانِ الرَّجِيمِ

allaumma inni u-idhuha (hu) bika wa dhurriyyataha
(hu) mina 'sh-shaytani 'r-rajim(i)

Oh Allah, I put her (him), and her (his) progeny under Your protection from satan, the accursed. (*Quran 3:36*)

اللَّهُمَّ اجْعَلْهُ (هَا f) بَرًّا تَقِيًّا ، وَآئِبْتَهُ (هَا f) فِي
الإِسْلَامِ نَبَاتًا حَسَنًا

allahumma 'j'alhu (ha) barran taqiyyaw wa ambit-hu
[ha] fi'l-islami nabtan hasanan.

Oh Allah, make him (her) obedient and God fearing, and give him (her) an excellent upbringing in Islam.

اللَّهُمَّ عَلِّمَهُ (هَا f) الْكِتَابَ وَالْحِكْمَةَ وَفَقِّهَهُ (هَا f)
فِي الدِّينِ

allahumma allimhu [ha] 'l-kitaba wal hikmata wa faqqihhu [ha] fi'd-din(i)

Oh Allah, teach him [her] the Book and the Wisdom, and bestow on him [her] the understanding of the Religion.

57. Prayer to Have a Blessed Family

Recite the following:

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا
لِلْمُتَّقِينَ إِمَامًا

rabbana hab lana min azwajina wa dhurriyatina qurrata a'yu-n(iw), wa'j'alna lil-muttaqina imaman

Our Lord! Grant us spouses and offspring that will be the comfort of our eyes, and give us [the grace] to lead the righteous (Quran 25:74)

58. Protection for Children

Hadhrat Abdullah bin Abbaas رضي الله عنه has also repoted that Rasulullaah صلى الله عليه وسلم used to secure (Allah's) Protection for (his grandsons) Hadhrat Hasan رضي الله عنه and Hadhrat Husayn رضي الله عنه by reciting the following dua:

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ وَمِنْ
كُلِّ عَيْنٍ لَآئِمَةٍ

a'udhu bikalimati-llaahi-taamati min kolli shaytaan wa haamatin wa-min kolli aynil-laamah

“I seek protection with all the complete Kalimaat of Allah from every Shaytaan, every poisonous creature and from every evil eye.”

Rasulullaah ﷺ would then tell them that their great forefather [Hadhrat Ibraheem ؑ] used the same words to secure protection for his sons Hadhrat Ismaa'eel ؑ and Hadhrat Is'haaq ؑ (*Abu Dawood*)

59. Du'aa for Parents

Rasulullah ﷺ is reported to have said, “Anyone who wishes to have his means of livelihood enlarged and a prolonged life, should treat his relatives with kindness.” Allama Ainee رَحْمَةُ اللَّهِ عَلَيْهِ has quoted a Hadith in his explanatory notes on Bukhari, to the following effect: Whosoever recites the following Du'aa, and then requests Allah Ta'aalaa to transfer the reward earned thereby to the credit of his parents, is like one having fulfilled his obligations to them:

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ، رَبِّ السَّمَوَاتِ وَرَبِّ الْأَرْضِ
 رَبِّ الْعَالَمِينَ ، وَلَهُ الْكِبْرِيَاءُ فِي السَّمَوَاتِ وَالْأَرْضِ وَهُوَ
 الْعَزِيزُ الْحَكِيمُ ، لِلَّهِ الْحَمْدُ رَبِّ السَّمَوَاتِ وَالْأَرْضِ
 رَبِّ الْعَالَمِينَ ، وَلَهُ الْعِزَّةُ فِي السَّمَوَاتِ وَالْأَرْضِ وَهُوَ
 الْعَزِيزُ الْحَكِيمُ ، هُوَ الْمَلِكُ رَبُّ السَّمَوَاتِ وَرَبُّ
 الْأَرْضِ وَرَبُّ الْعَالَمِينَ ، وَلَهُ النُّورُ فِي السَّمَوَاتِ وَالْأَرْضِ
 وَهُوَ الْعَزِيزُ الْحَكِيمُ

alhamdulillah rabil aalameen. rabisamaawaathie wa
 rabil ardhie wa rabil aalameen. wa la hul kibariyaaa
 ouu fisamaawaathie wal ardhie wa huwal azeezul
 hakeem. wa lillahil hamdhu rabisamaawaathie wa rabil
 ardhie rabil aalameen. wa la hul azmatu
 fisamaawaathie wal ardhie wa huwal azeezul hakeem.
 huwal maliku rabusamaawaathie wa rabul ardhie wa
 rabul aalameen. wa la hunooru fisamaawaathie wal
 ardhie wa huwal azeezul hakeem.

All praise be to Allah the Sustainer of the Worlds, the
 Lord of the heavens and the earth; to Him alone

belongs the true greatness in the heavens and in the earth and He alone has supremacy and is Wise. All praise be to Allah, the Lord of the Heavens and the Lord of the earth, the Sustainer of the Worlds, and to Him alone belongs Majesty in the heavens and in the earth, and He is Supreme and Wise; He alone is the Sovereign, Lord of the heavens and the earth and the sustainer of the Worlds; to Him alone belongs the celestial light (Nur) of the heavens and the earth and He is the Majesty, the Wise. (*Faza'il-E-Sadaqaat*)



Prayers Related To Health

60. When Visiting the Sick

When visiting an ill person say the following words:

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

laa ba'sa tahoorn inshaa-allah

“Have no fear, it will be a source of purification (for you), if Allah so wishes.” (*Al-Bukhari*)

The Holy Prophet ﷺ also taught us another supplication, when visiting the sick in which he said: Unless that a person is destined to die, then Allah ﷻ would cure this person with the blessings (barakah) of the following prayer.

[We are instructed to recite it 7 times]

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

as-alullaahal adheema rabbal-arshil adheemee ay-yashfiyak

I pray to Allah who is Himself great and is also the

Sovereign of the great Throne that He cures you of your sickness. (*Dawud, Tirmidhi*)

61. When afflicted by a Fever

بِسْمِ اللَّهِ الْكَبِيرِ أَعُوذُ بِاللَّهِ الْعَظِيمِ مِنْ شَرِّ كُلِّ عِرْقٍ
نَعَّارٍ وَمِنْ شَرِّ حَرِّ النَّارِ

bismillah-hil kabeeri a'oodhu billahi'l adhay-mee min shar'ry kull'li irk'kin-na'aarin wa min shar'ry ha'rr-in 'naar

In the name of Allah. I seek refuge in Allah the great from the evil of every spurting vein and from the damage of the heat of the fire. (*Tirmidhi*)

62. When Feeling Pain in the Body

Uthman bin Abu al-'As Al-Thaqafi رضي الله عنه reported that he made a complaint of pain to Allah's Messenger صلوات الله عليه that he felt in his body at the time he had become Muslim. Thereupon the Prophet صلوات الله عليه said: Place your hand at the place where you feel pain in your body and say:

بِسْمِ اللَّهِ Bismillahi 3 times and then recite the following 7 times:

أَعُوذُ بِعِزَّةِ اللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ

a'udhu bi-izzatillaahi wa qudratihi min sharri ma ajidu wa uhaadhiru

I seek refuge with Allah and with His Power from the evil that I find and that I fear. (*Muslim*)

63. Du'aa to Cure Illnesses

Hadhrat Abdullaah bin Mas'ood رضي الله عنه reports that the Holy Prophet صلى الله عليه وسلم would recite:

أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ
إِلَّا شِفَاؤُكَ شِفَاءً لَا يُعَادِرُ سَقَمًا

adh hi-bil b'aasa raban naasi washfi anta'shafi laa shifa'a illa shifa'ooka shifa-an laa youga'diroo saka-maa

Remove the difficulty, O Rabb of the people! Provide a cure because You are the only One Who can cure. There is no cure apart from the cure You provide. Provide a cure that omits no disease. (*Abu Dawood, Kitaabut Tibb*)

Prayers For Worries, Difficulties & Fears

64. When 'Fed-Up' With Life

If someone is fed up with the world and its pains, he or she should not long for death or ask for death. Instead, the following prayer should be made:

اللَّهُمَّ أَحْيِنِي مَا كَانَتْ الْحَيَاةُ خَيْرًا لِي وَتَوَفَّنِي إِذَا عَلِمْتَ
الْوَفَاةَ خَيْرًا لِي

allahumma a'hyini maa kaanatill hayaatoo khairal-li
wa tawaf-fanee idthaa alimtal wafaata khairal-li

Oh Allah! Keep me alive as long as living is better for me, and when death is better for me according to Your knowledge, take me unto You. (*Al-Bukhari & Muslim*)

65. Evil Thoughts and Promptings from shaitan

In today's social environment, to save oneself from evil thoughts and the promptings of Shaitan, one should make a regular habit of reciting this prayer. May Allah ﷻ grant us all the guidance to do so. Aameen

اللَّهُمَّ اجْعَلْ وَسَاوِسَ قَلْبِي خَشِيَّتَكَ وَذِكْرَكَ وَاجْعَلْ هِمَّتِي
وَهَوَايَ فِيمَا تُحِبُّ وَتَرْضَى

allahummaj-al wasaawisa qalbi khash-ya-taka wa-zikr-
aka wajal himmatee wa-hawaaya feey-ma tuhib-bu
wa-tar-dhaa.

Oh Allah, transform my thoughts into Thy fear and Thy Remembrance. And invest my courage and desires in such actions as are liked by Thee and Thou are pleased with them. (*Daylami*)

66. Protection from Doubts and Disbelief

Prayer to shield one from having uncertainties about one's faith:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشَّكِّ بَعْدَ الْيَقِينِ

allahumma innee a'oodhubika minash' shakki badal
yaqeen

Oh Allah, I seek Your protection from entertaining doubts about the truth after conviction (belief). (*Musannaf ibne abi shaibah*)

67. When Confronted With a Problem

Hadhrat Anas رضي الله عنه relates that when the messenger of

Allah ﷻ was confronted with a problem he would recite the following:

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

yaa-hayyu yaa-kayumu bi'rahmatika astageethu

Oh Ever Living and Self Sustaining, I plead to You for Your mercy. (*Tirmidhi*)

68. For Hardships and Calamities

This ayat will realise huge benefits when read during any calamity or hardship. The Verse from the Holy Quran:

لَا اِلٰهَ اِلَّا اَنْتَ سُبْحٰنَكَ اِنِّيْ كُنْتُ مِنَ الظّٰلِمِيْنَ

laa ilaaha illa anta subhaanaka inee kuntoo minadha limeen

There is no God besides Thee, You are Most Pure; verily I am among those who have wronged their souls. (*A'maal-e-Quraani*) The Du'aa of the one who reads this is accepted by Allah. (*Tirmidhi*)

69. Relief from Debt Worries and Grief

Hadhrat Abu Sa'eed Khudri رضي الله عنه narrates that one day Rasoolullah صلوات الله عليه came to the mosque and saw Abu Umama رضي الله عنه sitting there, the prophet صلوات الله عليه asked him why

he was sitting there at that time. Abu Umama رضي الله عنه replied that he was entangled with cares and debts. So Rasoolullah ﷺ said, ‘Should I not show you such a prayer which will remove your worries, and your debts will be paid?’, Abu Umama رضي الله عنه then expressed his desire to hear the words, Rasoolullah ﷺ then recited this supplication:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ ، وَأَعُوذُ بِكَ مِنْ
 الْعَجْزِ وَالْكَسَلِ ، وَأَعُوذُ بِكَ مِنَ الْبُخْلِ وَالْجُبْنِ
 وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

allaahumma innee a'oodhubika minal hammi wal huzn.
 wa a'oodhubika minal ajzi wal kasl. wa a'oodhubika
 minal bukhli wal jubn. wa a'oodhubika min ghalabatid
 dayni wa qahrir rijaal.

Oh Allah I seek Your protection from grief and sorrow.
 I seek Your protection from indolence and timidity. I
 seek Your protection from miserliness and cowardice. I
 seek Your protection from overwhelming indebtedness
 and from the oppression of men. (*Abu-Dawud*)

70. A Cure from Depression

Read the following prayer [placing your right hand on your head] after every obligatory (faradh) Salaah:

بِسْمِ اللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ ، اللَّهُمَّ
 أَذْهِبْ عَنِّي الْهَمَّ وَالْحُزْنَ

bismillahil ladhee laa illaaha illaa huwarahmaan-u-
 raheem. allah humma adh-hib- an-nil-hamma wal huzn

In the name of Allah who is the only One worthy of
 worship and is the most Merciful, the most Gracious.
 Oh Allah, remove from me all worries and sorrows.
 (Tabrani)

71. A Prayer for When One Feels Helpless

When feeling helpless regarding a matter, recite:

حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلُ

hasbiya'llahu wa ni'ma'l wakil(u)

Allah is my sufficiency, and how perfect a benefactor
 [is He]. (Abu Dawood)

72. When Confronted With Difficulty

Anas رضي الله عنه reported that the Prophet ﷺ used to supplicate:

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا وَأَنْتَ تَجْعَلُ الْحَزْنَ

إِذَا شِئْتَ سَهْلًا

allaahumma laa sahla illaa maa ja'al tahu sahlana wa anta taj'alul-hazana idha shi'ta sahlana

Oh Allah, there is no ease except what You make easy, and you alone can turn a difficulty into ease. (*Ibn Al-Sunni*)

73. When Faced With Extreme Danger

Abu Sa'id al-Khudri رضي الله عنه has narrated that at the battle of Trench, they (the Sahabaa رضي الله عنهم) asked the messenger of Allah صلى الله عليه وسلم whether there was anything they could repeat, for their hearts were in their mouths. He, the prophet صلى الله عليه وسلم replied in the affirmative and taught them the following prayer [below]. The prophet صلى الله عليه وسلم said that Allah جل جلاله then sent a wind in the faces of the enemies and Allah جل جلاله routed them by the wind.

اللَّهُمَّ اسْتُرْ عَوْرَاتِنَا وَآمِنْ رَوْعَاتِنَا

allaahumma-s-toor 'aw raatinaa wa'amin raw-a'tinaa

Oh Allah, cover our danger points and give security from fears.” (*Musnad Ahmed, Mishkat*)

Prayers For The Deceased

74. Du'aa in Funeral Prayer for a Deceased Child

Read the following:

اللَّهُمَّ اجْعَلْهُ [هَا] لَنَا فَرَطًا وَاجْعَلْهُ [هَا] f

لَنَا أَجْرًا وَذُخْرًا وَاجْعَلْهُ [هَا] f

لَنَا شَافِعًا وَمُشَفَّعًا [شَافِعَةً وَ مُشَفَّعَةً] f

allahumma'j'alhu (...ha *for girl*) lana farataw wajalhu
lana ajraw wadhukran wajalhu lana shafian wamu
shaffa-ah

Oh Allah, make him/her our fore-runner, a source of reward and treasure and make him/her a pleader for us and one whose plea has been accepted. [*Hidayah*]

75. Du'aa in Funeral Prayer for Male or Female

Abu Hurairah رضي الله عنه has related that the messenger of Allah صلى الله عليه وسلم said, 'whomsoever, in the state of Iman with intention of reward accompanies the deceased (janazah) of any muslim and stays until salah and burial, then he returns with two qirats. One of these

qirats is equal to Mount Uhud. Whomsoever returns after only performing Janazah Salah (and he does not participate in burial), then he returns with one qirat.”

(Bukhari)

The method of performing janazah salah: Make intention, then silently [1] Read Takbeer and Thana after the Imam recites the first Allah u Akbar [2] Read Durood-e-Ibraheem after the second takbeer [3] Read the following Du'aa after the third takbeer:

اللَّهُمَّ اغْفِرْ لِحَيِّنَا وَمَيِّتِنَا ، وَشَاهِدِنَا وَغَائِبِنَا ، وَصَغِيرِنَا
وَكَبِيرِنَا ، وَذَكَرِنَا وَأُنْثَانَا . اللَّهُمَّ مَنْ أَحْيَيْتَهُ مِنَّا فَأَحْيِهِ
عَلَى الْإِسْلَامِ ، وَمَنْ تَوَفَّيْتَهُ مِنَّا فَتَوَفَّهُ عَلَى الْإِيمَانِ

allahumma 'ghfir li hayyina wa mayyitina, wa shahidina wa gha'ibina, wa saghirina wa kabirina, wa dhakarina wa unthana. Allahumma man ahyaytahu minna fa ahyihi ala 'l-islam(i), wa man tawaffaytahu minna fa tawaffahu ala 'l-iman(i)

Oh Allah, forgive our living and our deceased, our present and absent, our young and old, our men and women. O Allah, whomever you give life to, let him live in Islam and whomever you give death to, let him die in faith. *(Tirmidhi)*

Finally [4] following the Imam complete the prayer with salam.

Whenever Nabi ﷺ accompanied any janazah, he kept quiet pondering upon death in his heart. (*Ahkam-e-Mayyat*)

76. When Visiting the Cemetery

Abdullah bin Mas'ood رضي الله عنه narrates, Rasoolullah ﷺ said, “I had (previously) forbidden you from visiting the graves. Now I grant you permission to visit the grave, because (the benefit is) it creates indifference to dunya and remembrance and concern for the Akhirah.”

(*Ibn Majah*)

When visiting muslim graves recite:

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ ،
وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَلْآحِقُونَ ، أَسْأَلُ اللَّهَ لَنَا وَلَكُمْ
الْعَافِيَةَ

as-salamu alaykum ahla 'd'diyyari mina'l-muminina wa 'l-muslimin(a), wa inna insha allahu bikum la lahiqun(a), as'alul'laha lana wa lakumu'l-afiya(ta)

Peace be upon you, Oh dwellers of this place – Belivers and Muslims. Verily when Allah wills we join you. I ask Allah for our and your safety. (*Muslim*)

The Virtues Of Kalimah

77.

40,000 Virtues

Tameem A'daari رضي الله عنه narrated that the messenger of Allah ﷺ said: “Whosoever recites the following 10 times, will be rewarded with 40 thousand virtues”:

لَا إِلَهَ إِلَّا اللَّهُ وَاحِدًا أَحَدًا صَمَدًا لَمْ يَتَّخِذْ صَاحِبَةً وَلَا
وَلَدًا وَ لَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

laa ilaaha illal laahu waa hidan ahadan samadan lam yat'takiz saa-hibataw walaa-wa-ladaw walam yakool-lahoo kufoowan ahad

There is no worthy of worship besides Allah He is One and only he is independent who has not taken unto himself a partner nor a son and there is none equal to Him. (Musnad-e- Ahmad Faza'il-e-Zikr)

78.

2,000 000 Virtues

Abdullah bin Abi Auf رضي الله عنه narrated that the messenger of Allah ﷺ said: “Whosoever recites the following will have two million virtues written to their credit.”

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ أَحَدًا صَمَدًا لَمْ يَلِدْ وَ لَمْ

يُولَدُ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

laa ilaaha illal laahu wahdahu la sharika lahu, ahadan samadal lam yalid walam yulad walam yakullahu kufuwan ahad

There is no 'Ilāh except Allah, no partner does He have, the One the Independent (whom all creatures need) He begets not, nor is he begotten. And there is none like unto him. (Tabrani, Faza'il-e-Zikr)

79. Increased Reward and Protection from shaitan

Abu Huraira رضي الله عنه narrated that Nabi ﷺ said, "Whoever says the following prayer 100 times will get the same reward as given for releasing 10 slaves; and 100 good deeds will be written in his accounts, and 100 sins will be deducted from his accounts, and it (his saying) will be a shield for him from Satan on that day till night, and nobody will be able to do a better deed except the one who does more than he."

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ

الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

la ilaha illal laahu wahdahu la sharika lahu, laahul

mulku walahul hamdu wa huwa 'ala kulli shai'in qadir

There is no 'Ilāh except Allah, no partner does He have; His is the Kingdom, and to Him is all Praise, and He is ever-able to do everything. (*Al-Bukhāri, Muslim*)

80. Four Great Benefits

Hadhrat Ali رضي الله عنه narrated that Nabi صلى الله عليه وسلم said about the following Prayer, that if anyone recited it 100 times daily then the words would protect the reciter from

- (1) Poverty and Hunger
- (2) Give them company in the loneliness of the grave.
- (3) By virtue of the words one would achieve freedom and independence (the apparent and unseen)
- (4) (On the day of Resurrection) they would knock at the door of paradise.

لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ

laa ilaaha illal laahul ma-li'kul haq-qul mu'bin

There is no God but Allah, the King, the Manifest Truth. (*Daylami*)

81. Six Blessings

Hadhrat Ibn Abbas رضي الله عنه and Hadhrat Uthman رضي الله عنه presented themselves before the Holy Prophet صلى الله عليه وسلم and submitted

to him, “Messenger of Allah ﷺ, what is the meaning of this verse of the Quran:

لَهُ مَقَالِيدُ السَّمَوَاتِ وَالْأَرْضِ ط

lahu ma'qa-lidus 'sa-ma-wa-ti wal'ardh

To Him belong the keys of the heavens and the earth.
(*Az-Zumar, 39:63 & Az-Zukhruf 42:12*)

The Prophet ﷺ said, “the keys of heaven and earth refer to these phrases:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ، وَلَا
حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ط الْأَوَّلُ وَالْآخِرُ
وَالظَّاهِرُ وَالْبَاطِنُ بِيَدِهِ الْخَيْرُ ، يُحْيِي وَيُمِيتُ وَهُوَ عَلَى
كُلِّ شَيْءٍ قَدِيرٌ

subhaanal-laahi, wal-hamdu-lillaahi, wa laa-ilaaha
illallahu, wal-laahu'akbar, wa laa haw-laa wa laa quw-
wata illah billah-hil alee'il a-z'heem. al aw-wal'lu wal-
a'khiru waz-za'hiru wal ba'tinu biya dihil khairu, yuh-yi
wa'yu'mitu wa-huwa a'la kul-li shai-un qa-deer.

Glory be to Allah, and to Allah belongs all praises, and there is non-worthy of worship but Allah, and Allah is the Greatest. There is no might nor power except with Allah, The High, The Great The First, The Last, The Manifest, The Hidden. In His Hand is the Good. He gives life and death. He is Powerful over all things.

Nabi ﷺ continued, “O, Uthman! If anyone reads these words 10 times each in the morning and evening, Allah ﷻ will bestow on him six favours:

- (1) He will be protected from the devil and his forces
- (2) He will be given huge reward
- (3) He will be married to Hur'Ayn
- (4) He will be forgiven his sins
- (5) He will be with Hadhrat Ebrahim ؑ in Jannat
- (6) When he is about to die, twelve angels will be present there and give him glad tidings of Paradise and take him from his grave with honour and respect. And if he panics from the fearsome conditions on the day of resurrection, the angels will assure him that he will be among the peaceful on that day. Allah ﷻ will render his reckoning very easy and direct him to be taken to paradise. The angels will then take him to paradise with great respect as if a bride is carried. Meanwhile, other people will face the difficult reckoning.

(Roohul Ma'ani, Ibne Mardawaih)

The Asmaa-e-Husnaa

82. The 99 Beautiful Names of Allah

The messenger of Allah ﷺ is reported to have said: "There are ninety nine names of Allah ﷻ whoever learns them and recites them will certainly enter Paradise" (Bukhari). The Names mentioned below are according to the narration of Imam Tirmidhi

They are: هُوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ

huwa llahu 'ladhi la ilaaha illaa huw(a)...

He is Allah besides whom there is no God. He is...

الْمَلِكُ	الرَّحِيمُ	الرَّحْمَنُ
3. Al-Malik(u) The Sovereign	2. Ar-Rahim(u) The most Merciful	1. Ar-Rahman(u) The most Beneficent
الْمُؤْمِنُ	السَّلَامُ	الْقُدُّوسُ
6. Al-Mumin(u) The Guardian of Faith	5. As-Salam(u) The Giver of Peace	4. Al-Quddus(u) Free from all Blemishes
الْجَبَّارُ	الْعَزِيزُ	الْمُهَيِّمُ
9. Al-Jabbar(u) The Overpowering	8. Al-Aziz(u) The Mighty	7. Al-Muhaymin(u) The Protector

Lord		
أَلْبَارِيءُ	أَلْخَالِقُ	أَلْمُتَكَبِّرُ
12. Al-Bari(u) The Evolver	11. Al-Khaliq(u) The Creator	10. Al-Mutakabbir(u) The Self-Glorifying
أَلْقَهَّارُ	أَلْغَفَّارُ	أَلْمُصَوِّرُ
15. Al-Qahhar(u) One who has control over all things	14. Al-Ghaffar(u) The most Forgiving	13. Al-Musawwir(u) The Fashioner
أَلْفَتَّاحُ	أَلرَّزَّاقُ	أَلْوَهَّابُ
18. Al-Fattah(u) The Remover of difficulties and Maker of decisions	17. Ar-Razzaq(u) The Sustainer and Provider	16. Al-Wahhab(u) The Giver of all things
أَلْبَاسِطُ	أَلْقَابِضُ	أَلْعَلِيمُ
21. Al-Basit(u) The Extender of provisions	20. Al-Qabid(u) The Constrictor	19. Al-Alim(u) The All Knowing
أَلْمُعِزُّ	أَلرَّافِعُ	أَلْخَافِضُ
24. Al-Mu-izz(u) The Giver of honour	23. Ar-Rafi(u) The Exalter	22. Al-Khafid(u) The One Who humbles or abases

الْبَصِيرُ	السَّمِيعُ	الْمُدِلُّ
27. Al-Basir(u) The All Seeing	26. As-Sami(u) The All Hearing	25. Al-Mudhill(u) The Giver of disgrace
اللَّطِيفُ	الْعَدْلُ	الْحَكْمُ
30. Al-Latif(u) The Knower of inner most secrets/ The Benevolent	29. Al-Adl(u) The Just	28. Al-Hakam(u) The Maker of immutable judgements
الْعَظِيمُ	الْحَلِيمُ	الْخَبِيرُ
33. Al-Azim(u) The Magnificent	32. Al-Halim(u) The Clement	31. Al-Khabir(u) The totally Aware
الْعَلِيُّ	الشَّكُورُ	الْغَفُورُ
36. Al-Aliyy(u) The High	35. Ash-Shakur(u) The Grateful/ The One Who accepts gratitude	34. Al-Ghafur(u) The All-Forgiving
الْمُقِيتُ	الْحَفِيزُ	الْكَبِيرُ
39. Al-Muqit(u) The Controller of all things	38. Al-Hafiz(u) The Protector	37. Al-Kabir(u) The Great

الْكَرِيمُ	الْجَلِيلُ	الْحَسِيبُ
42. Al-Karim(u) The Benevolent	41. Al-Jalil(u) The Majestic	40. Al-Hasib(u) The Reckoner/ One Who suffices for everything
الْوَاسِعُ	الْمُجِيبُ	الرَّقِيبُ
45. Al-Wasi(u) The Amply Giving	44. Al-Mujib(u) The One Who responds to supplication	43. Al-Raqib(u) The Watchful
الْمَجِيدُ	الْوَدُودُ	الْحَكِيمُ
48. Al-Majid(u) The most Venerable	47. Al-Wadud(u) The most Loving	46. Al-Hakim(u) The Wise
الْحَقُّ	الشَّهِيدُ	الْبَاعِثُ
51. Al-Haq(u) The True	50. Ash-Shahid(u) The Omnipresent	49. Al-Ba'ith(u) The One Who Resurrects
الْمَتِينُ	الْقَوِيُّ	الْوَكِيلُ
54. Al-Matin(u) The Firm	53. Al-Qawiyy(u) The Powerful	52. Al-Waki(u) The Guardian

أَلْوَالِيُّ	أَلْحَمِيدُ	أَلْمُحْصِي
55. Al-Waliyy(u) The Patron	56. Al-Hamid(u) The Praiseworthy	57. Al-Muhsi The One Who records
أَلْمُبْدِيُّ	أَلْمُعِيدُ	أَلْمُحْيِي
58. Al-Mubdi'(u) The Originator	59. Al-Mu'id(u) The Restorer/The Recreator	60. Al-Muhyi The Giver of life
أَلْمُمِيتُ	أَلْحَيُّ	أَلْقَيُّومُ
61. Al-Mumit(u) The Giver of Death	62. Al-Hayy(u) The Ever Living	63. Al-Qayyum(u) The Self Subsistent
أَلْوَالِدُ	أَلْمَاجِدُ	أَلْوَالِدُ
64. Al-Wajid(u) The Inventor	65. Al-Majid(u) The One with Excellence and Veneration	66. Al-Wahid(u) The One Unequaled
أَلْأَحَدُ	أَلصَّمَدُ	أَلْقَادِرُ
67. Al-Ahad(u) The Only	68. As-Samad(u) The One Free from Want	69. Al-Qadir(u) The One with Authority

الْمُؤَخَّرُ	الْمُقَدِّمُ	الْمُقْتَدِرُ
72. Al-Mu'akhkhir(u) The Postponer	71. Al-Muqaddim(u) The Promoter	70. Al-Muqtadir(u) The One with Full Authority
الظَّاهِرُ	الْآخِرُ	الْأَوَّلُ
75. Az-Zahir(u) The Manifest	74. Al-Akhir(u) The Last	73. Al-Awwal(u) The First
الْمُتَعَالِي	الْوَالِي	الْبَاطِنُ
78. Al-Muta-ali(u) The One far above the Creation	77. Al-Wali(u) The One Who exercises Power over all	76. Al-Batin(u) The Hidden
الْمُنْتَقِمُ	التَّوَّابُ	الْبَرُّ
81. Al-Muntaqim(u) The Avenger	80. Al-Tawwab(u) The Ever Relenting	79. Al-Barr(u) The One Who treats with Kindness
مَالِكُ الْمُلْكِ	الرَّؤُوفُ	الْعَفُوُّ
84. Malik'l-Mulk(i) The Possessor of Sovereignty	83. Ar-Ra'uf(u) The Affectionate	82. Al-Afuww(u) The Pardoner

ذُو الْجَلَالِ وَالْإِكْرَامِ	الْمُقْسِطُ	الْجَامِعُ
85. Dhu'l-jalali wa'l-ikram(i) The Lord of Majesty and Benevolence	86. Al-Muqsit(u) The Just	87. Al-Jami(u) The Assembler
الْغَنِيُّ	الْمُغْنِي	الْمَانِعُ
88. Al-Ghaniyy(i) The Free from Want	89. Al-Mughni The Enricher	90. Al-Mani(u) The One Who Prohibits
الضَّارُّ	النَّافِعُ	النُّورُ
91. Ad-Darr(u) The Afflicter	92. An-Nafi(u) The Benefactor	93. An-Nur(u) The Light
الْهَادِي	الْبَدِيعُ	الْبَاقِي
94. Al-Hadi(u) The Guide	95. Al-Badi(u) The Deviser	96. Al-Baqi(u) The Eternal
الْوَارِثُ	الرَّشِيدُ	الصَّبُورُ
97. Al-Warith(u) The Supporter/ The Inheritor	98. Ar-Rashid(u) The One Who loves Virtue or guidance towards Virtue	99. As-Sabur(u) The Most Forbearing

A Selection Of Valuable Durūd

Imam Jalalud-Din Suyuti رَحْمَةُ اللهِ عَلَيْهِ narrates a Hadith in his book ‘Sharhus-Sudoor’, that says: “One who recites durūd one thousand times on a Friday (Jumma), will most certainly see his abode in Jannat before death.”

83. To Send Continuous Durood on Nabi ﷺ

Sayyidina Abul 'Abbass رَحْمَةُ اللهِ عَلَيْهِ has said that if anyone recites the durood below three times during the day and as many times in the night, it is as though he goes on reciting it all the time.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ فِي أَوَّلِ كَلَامِنَا ، اللَّهُمَّ صَلِّ عَلَى
مُحَمَّدٍ فِي أَوْسَطِ كَلَامِنَا ، اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ فِي آخِرِ
كَلَامِنَا

allahumma salli ala muhammadin fi awwali kalaamina,
allahumma salli ala muhammadin fi awsati kalaamina,
allahumma salli ala muhammadin fi aaqeri kalaamina

Oh Allah Bless Muhammad in the initial portion of our conversation. O Allah, bless Muhammad in the middle of our conversation. O Allah, bless Muhammad

towards the final portion of our conversation. (*Durood and Salaam*)

84. A Prayer for Prophet ﷺ Intercession

Ruwaifa bin Sabit Ansari رضي الله عنه reports that Rasoolullah ﷺ said, "It becomes obligatory upon me to intercede for that person who keeps on reciting the following prayer (Durūd).

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَأَنْزِلْهُ الْمَقْعَدَ الْمُقَرَّبَ عِنْدَكَ يَوْمَ
الْقِيَامَةِ

allahumma salli ala muhammadin wa ala aali muhammadin wa-anzilh.ul maq-adal muqarraba indaka ya wmal qiyaamah

Oh Allah, send Your mercy on Muhammad and appoint him a blessed place close to you on The Day of Judgement. (*Tabraani*)

85. To Remove Difficulties

If anyone faces a difficulty, let him repeat the foregoing prayer below 1000times followed by Kalima Tayyibah 1000times in solitude and having performed ablution. After that he may make sincere supplication, Insha Allah his difficulty will disappear.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ كَمَا هُوَ أَهْلُهُ وَمُسْتَحِقُّهُ

allah humma salli-a'laa muhammadin kamaa huwa a'hluhu wa moosta-hikuhu

Oh Allah, bless Muhammad as he is worthy of it, and entitled to it. (*Durood and Salaam*)

86. Acquire Reward Equal to 10,000 Good Deeds

If you recite the following prayer once then Allah ﷺ will reward you equivalent to 10,000 good deeds.

>NOTE: If the prayer mentioned below is recited on the blessed day of Jumma (Friday) the day when reward is multiplied by 70, then it stands to reason that Allah ﷺ would give for one recitation of this durūd on Jumma the reward of reciting 700,000 durūds upon our beloved Nab iﷺ.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ أَفْضَلَ صَلَوَاتِكَ

allah humma salli-a'laa muhammadin afdhala salawaatika

“O Allah, send Your blessings on Muhammad the most excellent of Your blessings.” (*Durood and Salaam*)

87. A Prayer to Protect Ones Faith

If anyone repeats the following salaah fifty times during

the day and the same during the night, his faith (Imaan) will be preserved forever.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ صَلَاةً دَائِمَةً
بِدَوَامِكَ

allah humma salli-a'laa muhammadin wa alaa aaliy muhammadin salaatan daa'imatan bida-waamika

Oh Allah, bless Muhammad and the family of Muhammad, an everlasting blessing, just as You are eternal. (*Durood and Salaam*)

88. Knowing One's Place in Paradise

If anyone offers Durood in the following words a thousand times on Friday, before he dies, Inshallah he will surely see his abode in Jannat.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ أَلْفَ أَلْفِ مَرَّةٍ

allah humma salli-a'laa muhammadin wa alihi alfa alfa marra'tin

Oh Allah, bless Muhammad and his family a million times. (*Durood and Salaam*)

89. A Prayer that is Rewarded for upto 1000 Days

Abdullah Ibn Abbas رضي الله عنه reports that Rasoolullah صلوات الله عليه

said, "Whoever recites the following Durūd once, Allah ﷻ will instruct seventy angels to keep writing good deeds for one thousand days for that person".

جَزَى اللهُ عَنَّا مُحَمَّدًا مَّا هُوَ أَهْلُهُ

jazallaahu annaa muhammadam maa huwa ah-luhu

May Allah reward Muhammad, on our behalf, as much as he deserves. (*Tabraani*)

90.

Honour for Children

If one regularly recites the following Durood upon Nabi ﷺ seven times in the morning and the same in the evening, Allah ﷻ will bestow honour on his children.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِ الْعَالَمِينَ حَبِيبِكَ مُحَمَّدٍ وَآلِهِ صَلَوةً
أَنْتَ لَهَا أَهْلٌ وَبَارِكْ وَسَلِّمْ كَذَلِكَ

allah-humma salli-a'laa sayidil-aalameen habibika muhammad'iw-wa aalihee salaatan anta lahaa a-hlun wabaarik wa sallim kadhaa'lik(a)

Oh Allah, bless the master of the universe, your beloved, Muhammad, and his family. A blessing that may be expected of You, and shower favours and peace

in like manner. (*Durood and Salaam*)

91. Repayment of Debt

Whoever reads this Durūd a hundred times on a daily basis, after Zuhr salaah will obtain three things? [1] He will never be in debt [2] Regardless of how much debt that a person may be in, he will be enabled to pay the debt off [3] He will not be reckoned for his deeds on the day of judgment

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِهِ وَبَارِكْ وَسَلِّمْ

allah-humma salli-a'laa muhammadin wa'alaal aalihi wabaarik wa sallim

Oh Allah, bless Muhammad and his family, and shower (on him) favours and peace. (*Durood and Salaam*)

92. A Cure for every Pain

In the face of any type of pain or illness, recite the Durood below, then recite Surah al-Fatihah with Bismillah in the middle and finally recite the durood again. After this, blow on the effected area.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ بَعْدَ كُلِّ دَاءٍ وَدَوَاءٍ وَبَارِكْ وَسَلِّمْ

allah-humma salli-a'laa muhammadin beeadadi koolli daa-iw-wa dawaa-in wabaarik wa sallim

Oh Allah, bless Muhammad equal to the number of illnesses and cures, and confer (on him) favours and peace. (*Durood and Salaam*)

93. Increase in Provisions and Income

Abu Sa'eed Khudri رضي الله عنه reports that Rasoolullah صلى الله عليه وسلم said, "If a Muslim does not have anything by him which he may give as charity (Sadaqah) in the way of Allah, he must make it a practice to recite this durūd. This will be [in return of] charity (Zakaat) from him."

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَصَلِّ عَلَى
الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ

allahumma salli ala muhammadin abdika wa rasoolika wa salli alal mu'minina wal mu'minaat wal muslimeena wal muslimaata

Oh Allah, send Your mercy on Muhammad, Your servant, Your Messenger and send mercy on all believing men and women and all Muslim men and women. (*Ibn Hibban*)

94.

Seeing Prophet ﷺ in a Dream

Shaykh ‘Abd al-Haqq Muhaddith Dihlawi رَحْمَةُ اللهِ عَلَيْهِ in his ‘Targhibus-Salat’ has written; By reciting the following prayer a number of times before sleeping will result in seeing Rasoolullah ﷺ in one's dream, Insha-Allah.

اللَّهُمَّ رَبَّ الْحِلِّ وَالْحَرَامِ وَرَبَّ الْبَيْتِ الْحَرَامِ وَرَبَّ
الرُّكْنِ وَالْمَقَامِ أَبْلِغْ لِرُوحِ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ صَلَّى اللهُ
عَلَيْهِ وَسَلَّمَ مِنَّا السَّلَامَ

allahumma rabbal hilli wal-haraami wa rabbal baytil haraami wa rabbar-rukni walmaqaami ablig liroohee sayyidinaa wa moulana muhammadin sal-lallaahu alayhi wa salaam minnas-salaam(a)

Oh Allah, the Lord of what is to be permitted and what is to be forbidden, the Lord of Baitul Haram, Ruku and Maqam, Convey to our leader and master, Muhammad our greetings. (*Zadus-Said*)

95.

As Bright as the Moon

According to a saying of Nabi ﷺ, the person who recites the following salaah will cross over the bridge,

Sirat,¹ while his face is brighter than the moon.

اللَّهُمَّ صَلِّ عَلَى النَّبِيِّ مُحَمَّدٍ حَتَّى لَا يَبْقَى مِنْ صَلَوَتِكَ
شَيْءٌ وَبَارِكْ عَلَى النَّبِيِّ مُحَمَّدٍ حَتَّى لَا يَبْقَى مِنْ بَرَكَاتِكَ
شَيْءٌ وَارْحَمِ النَّبِيَّ حَتَّى لَا يَبْقَى مِنْ رَحْمَتِكَ شَيْءٌ وَسَلِّمْ
عَلَى النَّبِيِّ مُحَمَّدٍ حَتَّى لَا يَبْقَى مِنْ سَلَامِكَ شَيْءٌ

Oh Allah, shower blessings on the Prophet Muhammad, until Your blessings are exhausted. And confer favour on the Prophet Muhammad, until Your favours are exhausted. And show mercy to the Prophet Muhammad, until Your mercy is exhausted. And, give peace to the Prophet Muhammad, until Your peace is exhausted. (*Tabarani*)

allahumma salli alan' nabiiyi muhammadin ha'taa laa
yabka min sur-la'waatik shayoon wabaarik alan'
nabiiyi muhammadin ha'taa laa yabka min
barakaa'tika shayoon warhamin'nabiiyi ha'taa laa

1

A very narrow bridge passing over Hell, which everyone will have to cross to enter Paradise

yabka mir'rahmatika shayoon wasalim alan' nabiyyi muhammadin ha'taa laa yabka min salaamika shayoon

96. **80 Years of Sins Forgiven & 80 Years of Worship Recorded**

Abu Hurairah رضي الله عنه reports that the Holy Prophet ﷺ said, "Whoever recites the following durūd eighty times immediately after the Asr Salaat on Friday before standing up from his place, then Allah will forgive eighty years of his sins and grant him the reward equivalent to eighty years of worship."

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَسَلَّمَ
تَسْلِيمًا

allahumma salli ala muhammadin nabiyyil ummiyyi wa-ala aalihi wasallim tasleema

Oh Allah bless Muhammad, the unlettered Prophet, and his family and grant them the best of peace. (*Al-Qawl al-badi*)



Prayers During Haj And Umrah

97. In Arafaat after Zawaal Facing the Qiblah

Abdullah bin ‘Amr bin al-‘As reported that the Prophet ﷺ said: The best supplication for the day of Arafaat and the best words uttered by my tongue as well as those of the prophets before me are the following:

(Recite 100 times)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

laailaaha illal-laahu wah-dahoo laasharee-ka-lahu lahul mulku wa-lahul hamdu, wa-huwa alaa kulli shay-in qadeer

There is no god but Allah. He is One. There is no partner in Him. To Him belong all kingdoms and to Him belong all praises and He is powerful over everything. *(Mualimul Hujaaj)*

(Recite 100 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . قُلْ هُوَ اللَّهُ أَحَدٌ ، اللَّهُ الصَّمَدُ

، لَمْ يَلِدْ وَلَمْ يُولَدْ ، وَلَمْ يَكُن لَّهُ كُفُوًا أَحَدٌ

qul huwallahu ahad, allahus samad, lamyalid walam yulad, walam yakullahu kufuwan ahad.

In the name of Allah, Most Gracious. Most Merciful Say: He is Allah, The Only One. Allah, The Independent (whom all creatures need) He begets not, nor is he begotten. And there is none like unto him!
(*Mualimul Hujaaj*)

(Recite 100 times)

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ وَعَلَيْنَا مَعَهُم

allahumma salli ala muhammad wa alaa aaliy muhammad kamaa sal-layta alaa ibrahima wa alaa aaliy ibrahima innaka hameedum majeed wa-alaynaa ma'a-hum

Oh Allah, send Your mercy on Muhammad and on the family of Muhammad as You have sent Your mercy on Ibrahim and the family of Ibrahim. Verily You are the great and praiseworthy, and also send upon us with all of them. (*Mualimul Hujaaj*)

98.

Prayer at Rukn-E-Yamaani

Abu Hurairah رضي الله عنه has related that the prophet ﷺ said: Seventy angels have been put in charge of it (i.e. the Ruknul Yamaani [Yamaani Corner]) so if anyone says the following supplication [while performing Tawaaf] the angels will say Aameen.

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، رَبَّنَا
اتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

allaahumma innee as alukal afwa wal ‘afiyata fi’dunyaa wal aakhirah, rabanaa atinaafi’dunyaa has’a nataw- wa fil aakhirati hasanataw waqinaa adha-ban naar

O Allah, I ask Thee for pardon and well being in this world and the next; Our Lord, bring us a blessing in this world and a blessing in the next, and guard us from the punishment of hell. (*Ibne-Majah*)

99.

At the Prophets ﷺ Blessed Tomb

Read the following when visiting the prophet ﷺ blessed tomb in Madina:

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا

صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا

in'nalaaha wa malaa'ikatahu yuṣalloona alannabeeyee.
ya ayyuhal ladhina aamanu sallu alaihi wa sallimu
tasleema.

Lo! Allah and his angels shower blessings on the
Prophet. O ye who believe! Ask blessings on Him and
salute Him with a worthy salutation. (*Faza'il-e-Haj*)

Thereafter recite the following invocation 70 times:

صَلَّى اللَّهُ عَلَيْكَ يَا رَسُولَ اللَّهِ

sal-lal-laahu alayka yaa rasoolallaah

May Allah bestow mercy upon you oh Rasoolullah.
(*Faza'il-e-Haj*)



All Encompassing Prayer

100. A Comprehensive Supplication

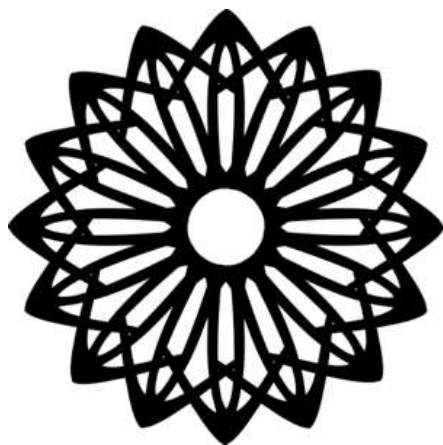
The following supplication encapsulates all the various Dua made to Allah ﷻ by Nabi ﷺ during his prophethood.

Hazrat Abu-Umaamah رضي الله عنه narrates that prophet ﷺ made a large number of supplications during his lifetime. “However, a few of us could barely remember any. We asked: 'Oh Rasoolullah ﷺ ! You have made so many prayers, but we are unable to even remember a few’. Rasoolullah ﷺ replied: “Should I not show you such a comprehensive prayer that includes all prayers?” Read the following:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ ، وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ
مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ، وَأَنْتَ
الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

allahumma inna nasaluka min khairi ma sa alaka minhu nabiyyuka muhammadun sallallahualaihi wasallam wa na'oodhubika min sharri masta'aadha minhu nabiyyuka muhammadun sallallahualaihi wasallam wa antal musta-an wa alaikal balaghu wa lahawla wa laaquwwata illa billah.

O Allah, I beg of You all good things which had been asked for by Your Messenger. Muhammad ﷺ and seek Your protection from all evil things from which Muhammad ﷺ had asked protection from You. You are the soul supporter and Your function is only to convey the message of truth and we have no ability or power to do good deeds or avoid evil ones except with the help of Allah. (*Tirmidhi*)



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